

# the living & learning nillumbik program

July - December 2007



Living & Learning Nillumbik is a community based organisation working in partnership with Nillumbik Shire Council, with centres at Eltham, Pantan Hill and Diamond Creek. We work creatively with individuals, communities and government to provide programs that respond to the personal, professional, social and learning needs of our diverse community.

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# Living & Learning Nillumbik Friendship Circles

## Friends of Living & Learning Nillumbik

Friends groups exist for each of our three centres – Eltham, Diamond Creek and Pantan Hill. Each group focuses on the local learning and social needs of their community. Activities may include program planning, hands-on volunteer tasks, fund raising and promotion of Living & Learning Nillumbik activities. Contact the centre where you would like to contribute, or email [living.learning@nillumbik.vic.gov.au](mailto:living.learning@nillumbik.vic.gov.au).

## Meet, greet and eat

Are you a newcomer to Nillumbik? Have you moved from interstate or emigrated from overseas? Meet other new and not so new locals and get together for movies, meals and theatre trips throughout the year. Everyone is welcome to our first social activity for an evening of food and fun. Friday 7.30pm; 27 July. No charge; Phone Dawn for more details on 9438 5411.

## Nillumbik Women's Network

Living & Learning Nillumbik joyfully supports the newly established Nillumbik Women's Network. Email Rita Butera [ritab@dynamicoutcomes.com.au](mailto:ritab@dynamicoutcomes.com.au) for more information.

## Games night

An evening of fun and games! Pictionary, Trivial Pursuit, Cranium, Scrabble and other board games. Prizes, laughs and bon homie guaranteed! Book individually or as a group, bring family and friends. BYO supper. Friday 7.30pm; 7 September. No charge; Eltham.

## An Indian experience

A fun night of food, music, Bollywood dancing, henna painting and more. Friday 7pm-10pm; 1 session; 14 September \$25/\$20; Shirin Adam; Diamond Creek

## Social walk and lunch

The Gawa Wurundjeri Aboriginal Resource Trail is designed to provide visitors with a deeper understanding of how the Wurundjeri people used the land to provide themselves with food, medicines, implements, shelters and clothes. We will also visit Sugarloaf reservoir, and will purchase lunch afterwards at Watsons Creek Antiques and Café. Friday 10.30am; 1 session; 16 November; No charge; Phone Dawn for more details on 9438 5411.

## Telelink

A friendship network for isolated older people living in the Shire of Nillumbik. If you know of someone who may benefit from regular social contact phone Mary Robertson on 9719 7409 on Thursdays.

## Serendipity (v)

A fortnightly group for over 60's with Kay Edwards. Make new friends in an informal, friendly setting. Guest speakers, bus trips, and great activities. Tuesday 9.30am-12noon; 10 sessions; 17 July-11 December \$63; Phone 9430 1313 for more details.

## Gift vouchers

Why not give a Living & Learning Nillumbik Gift Voucher to someone? Great idea for Father's Day!

## Notes for your diary

### Living & Learning Nillumbik morning teas 10am-12noon

Monday 16 July at Pantan Hill  
Thursday 19 July at Diamond Creek  
Monday 23 July at Eltham

**Adult Learners Week** 1-7 September

**Diamond Creek Town Fair** 8 September

### Girls Night In

12 October  
Fund-raiser for women's cancers. Women's market, band, dancing and games galore. Minimum "pink" donation to enter. Bookings phone 9438 5350

### On the Hill community festival at Pantan Hill

October

### Eltham Town Fair

10-11 November

### International Day for people with a disability

30 November  
Art exhibition to celebrate the talents of Social Connections participants. Phone 9438 5411 for more information.

### International Volunteers Day

5th December

## Nationally Accredited Training

Living & Learning Nillumbik is a Registered Training Organisation No. 3989.  
Please ring to discuss details before you enrol in any accredited course:

- for Eltham courses 9430 1302
- for Diamond Creek courses 9438 5350

Some courses have places subsidised by Adult Community and Further Education funding.  
Please note that the number of ACFE cohort and Concession places are limited this semester.

**Fees** are listed in order from Full / ACFE Cohort / Concession. Where there are only two fees listed, they are Full / Concession.

**Full fee** - applies if you do not hold a recognised concession card or belong to a targeted government cohort.

**ACFE Cohort** - applies to selected courses only and

- if you fit at least one of the ACFE priority groups (please ask if you are eligible) but do not hold a concession card.
- if you are sponsored by an Agency (Centrelink, approved employment agency or employer)



**Concession fee** - applies if you hold one or more of the following Concession cards:

- Commonwealth health care card
- Pensioner Concession card
- Veteran's gold card

### Certificate III in Business Administration accredited units

**Audio typing – Produce texts from audio transcription** BSBADM303A

**Customer Service** BSBCMN310A

**Create and use databases**

BSBADM305A

**Create electronic presentations**

BSBADM306A

Tuesday 9.30am-3pm; various dates;

\$83 per unit; Diamond Creek

### Introduction to Community Services – Certificate II in Community Services Work

CHC20202

This is a pathway certificate for people who are interested in work or further study in community services, such as child care, leisure and health, aged care, people with disabilities or youth work. You will gain a practical, industry-focused overview of various employment and learning pathways in this essential field.

For more detail, ask for our flyer.

Wednesdays and Fridays 9.30am-3.30pm;

**10 October-14 December**

\$950/\$345/\$200; Eltham

### Certificate III in Aged Care work

CHC30102

This is the standard qualification for people who are working or want to work as Personal Care Assistants in residential aged care facilities, both hostels and nursing homes. Demand for people with this qualification is high, in an industry that is growing rapidly as the population ages. For more detail, ask for our flyer.

Tuesdays and Fridays 9.30am-3.30pm;

**17 July-15 December**

\$1560/\$890/\$280; Eltham

### Certificate III in Children's Services

CHC30402

This course is the minimum qualification for people who are working or want to work as child care assistants in child care centres, playhouses, or family day care. Demand for people with this qualification is high. For more details, ask for our flyer.

Mondays and Wednesdays 9am-3.30pm;

**6 August-June 2008**

\$1600/\$1063/\$290; Eltham

### Certificate IV in Training and Assessment

TAA40104

This is the minimum qualification for people who are working or want to work as trainers or assessors in workplaces or in training providers. It is a mandatory qualification throughout Australia for trainers or assessors on accredited courses.

For more details, ask for our flyer.

Wednesday 9.30am-3.30pm; 15 sessions;

**8 August-5 December**

\$1135/\$1030; Eltham

### Certificate IV in Training and Assessment

TAA40104 - bridging course

Upgrade your Certificate IV BSZ40198 to the new Certificate IV Training and Assessment. Course is held throughout the Semester on two consecutive Wednesday evenings.

\$350

Call 9430 1302 to register.

### Tax help

Supported by the Australian Tax

Office FREE help with tax returns. Are you on a low income? Let a trained tax help volunteer assist you with your tax.

Thursdays 2pm-5pm;

July to October at Eltham

Phone 9430 1313 for an appointment.

Supported by the Victorian Government



### First aid training

**CPR**

Monday 6.30pm-9.30pm; 1 session;

**30 July**

Thursday 9am-1pm; 1 session;

**27 September**

Monday 6.30-9.30pm; 1 session;

**22 October**

Saturday 9am-1pm; 1 session;

**10 November**

\$57 per session

**Level 1**

Monday 6.30pm-9.30pm; 2 sessions;

**30 July-6 August**

Thursday 9am-5pm; 1 session;

**27 September**

Monday 6.30-9.30pm; 2 sessions;

**22-29 October**

Saturday 9am-5pm; 1 session;

**10 November**

\$72/\$65 per course

**Level 2**

Monday 6.30pm-9.30pm; 5 sessions;

**30 July-27 August**

Thursday 9am-5pm; 2 sessions;

**27-28 September**

Monday 6.30-9.30pm; 5 sessions;

**22 October-26 November**

Saturday 9am-5pm; 2 sessions;

**10-17 November**

\$176/\$160 per course

**Epipen**

Covers the theoretical knowledge and practical ability to respond appropriately to a person who has an anaphylactic reaction.

Monday 6.30-9.30; 1 session;

**3 September**

\$35

Training organisation: KMR First Aid  
Diamond Creek

See also *Kiddy Care First Aid in Health and Fitness*

## Food safety training

### Basic food safety in the health sector HLTFS7A (Level 1)

This nationally accredited competency covers the skills and knowledge needed to follow hygiene procedures and comply with legal requirements for people preparing and serving food and drinks in the health sector. This includes hospitals and aged care facilities. Check with your council for local requirements. Monday 4pm-9pm; **3 September** \$120/\$85/\$74; Eltham

### Implementing food safety in the health sector HLTFS9A (Level 2)

This course applies to people who are required to implement food safety procedures and monitoring systems within the health sector. This includes hospitals and aged care facilities. Check with your council for local requirements.

Monday 4pm-9pm; **12 November** \$133/\$98/\$74; Eltham

### Basic food safety in the hospitality industry THHBCC11B (Level 1)

This nationally accredited competency covers the skills and knowledge needed to follow hygiene procedures and comply with legal requirements for people preparing and serving food and drinks in the hospitality industry. This includes restaurants, clubs, hotels and cafes and may be suitable for community organisations. Check with your council for local requirements.

Monday 4pm-9pm; **6 August** \$120/\$85/\$74; Eltham

### Implementing food safety in the hospitality industry THBC11B (Level 2)

This course applies to people who are required to implement food safety procedures and monitoring systems. This includes restaurants, clubs, hotels and cafes and may be suitable for community organisations. Check with your council for local requirements.

Monday 4pm-9pm; **8 October** \$133/\$98/\$74; Eltham

### Responsible serving of alcohol

Gain knowledge and awareness necessary to serve alcohol responsibly in licensed premises. Liquor Licensing Certificate issued.

Monday 6.30pm-10pm; 1 session;

**3 December**  
\$66/\$60

Training organisation: Prime Skills  
Diamond Creek

## Career, business skills

### Introduction to manual bookkeeping

If you are considering a future in bookkeeping then this course is a must. The course is designed to provide the basics of bookkeeping procedures and terminology and is a prerequisite for the MYOB courses. Topics include handling cash and credit journals, reconciling bank details, handling customer records, understanding GST. Course fee includes manual.

Thursday 6.30pm-9.30pm; 3 sessions;  
**16-30 August**  
\$105/\$91/\$83; Eltham

### Mind your own business MYOB module 1

This sophisticated bookkeeping system helps you to account for your business finances – income, expenditure, invoicing, GST, payroll, time billing. It produces balance sheets and profit and loss statements. You need basic bookkeeping skills or to have completed Introduction to Manual Bookkeeping. Course fee includes all manuals.

Thursday 6.30pm-9.30pm; 6 sessions;

**6 September-25 October**  
Eltham

Wednesday 9.15am-12.15pm; 6 sessions;

**22 August-19 September**

Diamond Creek

\$140/\$127/\$115 per course

### MYOB payroll

Thursday 6.30pm-9.30pm; 2 sessions;

**1 and 8 November**

\$90/\$78/\$70; Eltham

### MYOB Module 2

Thursday 6.30pm-9.30pm; 5 sessions;

**15 November-13 December**

\$118/\$106/\$96; Eltham

Bookkeeping discount package – enrol in Introduction to manual bookkeeping and the three MYOB modules and receive a 10% discount on the total fee.

### Back to work

This free course is for you if you are a parent receiving Parenting Allowance, a mature aged person, a principle carer, are unemployed or you receive a payment from Centrelink and are required to participate in the workforce or training.

Contact Jenny or Susan at Sarina Russo  
Job Access, Greensborough 9433 0400.

## Small business

The following workshops and seminars are part of the State government's popular Under New Management Program.

### Seminars:

#### Understanding financial statements

Wednesday 7pm-9pm; **18 July**

#### Introduction to strategic business planning

Monday 7pm-9pm; **27 August**

Fee per seminar: \$20; Eltham

### Workshops:

#### Going into Business

Monday 6.30pm-10pm; **17 September**

#### Employing People

Wednesday 6.30pm-10pm; **14 November**

Fee per workshop: \$30

### eChange

Using e-Commerce, online Internet Marketing  
Wednesdays 6pm-9pm; 4 sessions;

**5, 12, 19 September, 24 October**

Plus 9 hours private consulting with  
Competitive Edge

Fee \$120; Eltham

Register for eChange on

[www.comedge.com.au/echange](http://www.comedge.com.au/echange)

## Computers

### Build your own computer

Learn how to identify all the parts necessary to build your own system, or upgrade your own PC during the course. Notes provided.

Monday 7pm-9pm; 7 sessions;

**15 October-3 December**

\$112/\$102; Andre Nightingale; Diamond Creek

### Desktop publishing

Personalise your Christmas cards with MS Publisher. Learn how to create cards, invitations, newsletters, brochures and any other type of document that needs a professional look. Ideal for people with good computer skills who wish to produce great looking publications. Fee includes manual.

Tuesday 6.30pm-9.30pm; 3 sessions;

**27 November-11 December**

\$115/\$97/\$88; Eltham

### Internet and email

Participants will be taken step-by step through how to connect, download information, use email and browse the internet. Computer experience essential. Includes manual.

Tuesday 9.30am-12.30pm; 3 sessions;

**17-31 July**

\$115/\$97/\$88; Eltham

## Gaining confidence with computers (v)

For people who are limited in their experience of computers. Learn about operating systems, downloading and installing programs, free programs, essential housekeeping and security. Topics covered will be guided by participants' needs. (For PC users).  
Monday 10am-12noon; 4 sessions;  
**23 July-13 August**  
\$57/\$52; Derek Kew; Eltham

## Introduction to computers

This comprehensive course is especially geared towards older learners and provides an overview of computer terminology, operating systems and management of files. Basic skills in Microsoft Word and Excel, internet and email are covered. Course fees include all manuals.  
Tuesday 9.30am-12.30pm; 15 sessions;  
**7 August-4 December**; Eltham  
Monday 9.30am-12.30pm; 15 sessions;  
**23 July-19 November**; Diamond Creek  
\$360/\$190/\$133

## Let the music rip!

Become a digital music diva – just like the kids! Turn your CDs into computer friendly tracks. Many artists provide tracks as free downloads. Find out how you can add these to your computer, iPod or MP3 player  
Saturday 10am-12 noon; 1 session;  
**4 August**  
Saturday 10am-12 noon; 1 session;  
**10 November**  
\$25/\$20 per session; Diamond Creek

## Excel level 1

A general introduction to learning about spreadsheets and the basic functions of MS Excel. Topics include workbooks, selecting ranges, basic formulae, formatting, charting and editing. Course fee includes manual.  
Tuesday 6.30pm-9.30pm; 3 sessions;  
**4-18 September**  
\$115/\$97/\$88; Eltham

## Excel level 2

This course builds on the skills and knowledge from Excel level 1 and covers more detail about constructing and editing formulae, data management and other applications. Suits people who already use Excel and need to get more from the program. Course fee includes manual.  
Tuesday 6.30pm-9.30pm; 3 sessions;  
**9-23 October**  
\$115/\$97/\$88; Eltham

Private tuition in computer packages is available and can be individually tailored to your needs. \$50 per hour. Phone 9438 5411 for more information.

## Word level 1

An introduction to the most commonly used applications of MS Word, including editing, formatting, tables, views and basic tools. You will need prior experience using computers. Course fee includes manual.  
Tuesday 6.30pm-9.30pm; 3 sessions;  
**24 July-7 August**; \$105/\$91/\$83; Eltham

## Word level 2

You will develop greater skills in the more advanced and detailed aspects of MS Word. Suits people with good computer skills who use Word frequently. Course fee includes manual.  
Tuesday 6.30pm-9.30pm; 3 sessions;  
**14 August-28 August**; \$105/\$91/\$83; Eltham

## MS Office package

An introduction to the MS Office Suite which includes MS Word, Excel, PowerPoint, and Publisher. Elementary operational tools and applications only are covered. Participants must have basic computer skills. Course fees include manual.  
Tuesday 1pm-2.45pm; 8 sessions;  
**9 October-11 December**  
\$165/\$146/\$133; Eltham

## Presenting with PowerPoint

This powerful program enables you to present information in different contexts. Great for people who need to make effective presentations at work, as part of community organisations or sporting clubs or who need good promotional expertise generally. Course fees include all manuals.  
Tuesday 6.30pm-9.30pm; 3 sessions;  
**30 October-20 November**  
\$105/\$91/\$83; Eltham

## Plenty Valley FM Community Radio – Introduction to broadcasting

Interested in community broadcasting?  
Want to host your own radio show?  
Course begins 3 July \$275 or \$175 concession. More information from [dkuchmar@bigpond.net.au](mailto:dkuchmar@bigpond.net.au) or 9434 4007.

## Craft

See also Screen printing under Visual arts.

## Still more beautiful books (v)

Make beautiful hand-made books. Explore various decorative techniques for paper and book construction, including single station figure and binding and more! Fee includes most materials. On display at Panton Hill.  
Monday 9.30am-12noon; 10 sessions;  
**16 July-17 September**  
\$120/\$110; Rae Cummings; Panton Hill

## Calligraphy

Create beautiful lettering using traditional methods. Suits ages 9 to 90+. Make beautiful cards or just improve your writing skills by adding a little flair. Kit \$25 extra – pay to tutor.  
Monday 7pm-9pm; 3 sessions;  
**12 November-26 November**  
\$58/\$53; Annette Bates; Diamond Creek

## Cards for all occasions (v)

Make your own unique cards for birthdays, Christmas or any other occasion. Learn a new technique and create three fabulous cards each week. Fee includes materials.  
Monday 10am-12noon; 6 sessions;  
**13 August-17 September**  
\$85/\$75; Jill Hibbert; Eltham

## Coil basketry

Learn how to harvest your own fibres using the plants around you, including some weed pests such as watsonia and honeysuckle. Use a range of coil techniques from many cultures and create beautiful and functional items. Materials provided.  
Saturday 9.30am-12.30pm; 2 sessions;  
**27 October-3 November**  
\$61/\$55; Diamond Creek

## Craft house (v)

Join like-minded crafty folk and work on your own project – scrapbooking, patchwork, embroidery or just come for lunch and a chat.  
Saturdays 9pm-5pm; 1 session each day on  
**11 August, 20 October, 17 November**  
\$15 per session; Monica Hemphill  
Diamond Creek

## Soap art

Make all-natural, gentle soap using a melt and pour method – no handling of nasty caustic ingredients. Use special moulds to make gem soaps, soaps that look carved. Fee includes some materials.  
Wednesdays 9.30am -12noon;  
1 session each day; **15 August, 24 October**  
\$25 per session; Lesley Mitchell; Panton Hill

## Steiner craft from adult to child

Aimed at developing a child's soul-life and awareness of what their body can do, Steiner craft is an enlivening experience to pass on to your children. Beginning with a child's first mobile, and using natural materials, the course progresses through sewing, knitting, felt toy making, weaving, tapestry and crochet.  
Friday 9.30am-12noon; 4 sessions;  
**31 August-21 September**  
\$115/\$105; Toni Leigh; Eltham

Volunteer tutored course are indicated by a (v) next to the course name.

## Christmas

Celebrate Christmas with these fabulous classes that will prepare you for the festive season. See also *Screen printing - Visual arts and Cards for all occasions - Craft*.

### Cards for Christmas

Make your own unique, hand-made cards for Christmas. Fee includes materials.

Monday, 10am-12noon, 5 sessions;

**12 November-10 December**

\$75/\$65; Jill Hibbert; Eltham

### Chocolate Christmas sleigh (v)

Make this delightful chocolate sleigh – fill with sweets or chocolate coins. It's a wonderful gift for special friends or teachers. Chocolate mould supplied by tutor.

Wednesday 9.30am-12noon; 1 session;

**14 November**

\$15; Tess Egan; Pantan Hill

### Christmas angel (v)

Sew a Christmas angel for your yuletide festivities. You will need basic skills in machine sewing and simple hand embroidery. Fee includes some materials.

Monday 9.30am-3pm; 1 session;

**12 December**

\$20; Mel Hamilton; Eltham

### Christmas cake (v)

In this fun, friendly session you will prepare a delicious Christmas cake to bake at home and mature in time for Christmas Day. Recipe and all ingredients provided. To facilitate the purchase of specialist ingredients **bookings must be received by 21 September**.

Saturday 9.30am-1.30pm; 1 session;

**10 November**

\$35/\$30; Mal Taylor; Eltham

### Christmas felting workshop

Make gifts for Christmas. Choose a Nuno (silk and wool) felted wrap, day or evening bag, jewellery or even a wall hanging.

Beginners and advanced felters welcome.

Saturday 9.30am-3.30pm; 1 session;

**17 November**

\$65/\$60; Phyllis Hoffman; Eltham

### Just Christmas (v)

This friendly group meets monthly to stitch five Christmas projects each semester.

Thursday 9.30am-3pm; 5 sessions;

**19 July-15 November**

\$70/\$65

Christina Jerums and Nadia Donovan

Pantan Hill

### Flowers for Christmas

Be creative for Christmas. Make your table look festive with a beautiful floral centrepiece and small boxed arrangements. Flowers supplied.

Wednesday 9.30am-12noon; 3 sessions;

**21 November-5 December;**

\$65/\$60; Donna Backway; Pantan Hill

### Christmas mini quilts (v)

Make these simple mini quilts to delight family and friends for Christmas.

Friday 9.30am-12.30pm; 1 session;

**12 October**

\$15

Kerry Armit; Pantan Hill

### Christmas patchwork quilt

Machine pieced and naïve appliquéd Christmas quilt using beautiful Christmas fabric. Materials not included in fee.

Saturday 10am-4pm; 1 session;

**17 November**

\$50/\$45; Christina Altamore; Diamond Creek

### Gingerbread house (v)

Bake and construct a delightful gingerbread house to trim your Christmas table.

Monday 9.30am-12.30pm; 1 session;

**19 November**

\$15; Linda Kirkright; Pantan Hill

### Italian Christmas biscotti

These biscuits melt in your mouth! Learn to make and then use them in beautiful Italian desserts. They will make ideal Christmas presents for someone who has everything... there will be time for a great coffee, too.

Saturday 10am-2pm; 1 session;

**8 December;** Eltham; \$55/\$50

Sunday 10am-2pm; 1 session;

**25 November;** Pantan Hill; \$55/\$50;

Agata Commisso

### Pudding in a teacup (v)

These miniature Christmas puddings are great for anyone living alone, or for special gifts.

For a special treat make yummy shortbreads whilst your pudding cooks.

Thursday 10am-12noon; 1 session;

**1 November**

\$15; Mel Hamilton; Pantan Hill

## Food and wine

See also *Chocolate Christmas sleigh, Christmas cake, Christmas biscotti, Gingerbread house and Pudding in a teacup in our Christmas section.*

### Japanese cooking with Yukiko Wallens

#### Noodle dishes

Make Udon, Soba noodle dishes to eat hot or cold. A tasty delight for lunch and more to take home for tea. Ingredients provided.

Wednesday 9.30am-12 noon; 1 session;

**24 October**

#### Tofu dishes

Tofu dishes including Agedashi-dofu (deep fried tofu), tofu salad and more to take home for tea. Ingredients provided.

Wednesday 9.30am-12 noon; 1 session;

**28 November**

\$40/\$35 per course; Diamond Creek

### Sourdough bread making

Learn to make organic sourdough bread with bread maker Ken Hercott. Course includes a pizza lunch. Would make a terrific Father's Day gift.

Sunday 10am-4pm; 1 session;

**9 September**

\$115/\$105

Ken Hercott

St Andrews Bakery

### Taste of India

An introduction to the exotic flavours and spices of Indian cooking. Includes entrees, curries, breads and chutneys. Fee includes ingredients.

Monday 10am-3pm; 1 session;

**23 July**

Monday 10am-3pm; 1 session;

**26 November**

\$60/\$55 per session

Sulochana Vazifdar; Eltham

### Tasty teas for health and wellbeing (v)

Come and try a variety of teas. Make your own blends for all seasons. Teapot and samples to take home.

Sunday 10am-12noon; 1 session;

**14 October**

\$20

Angie Davidson-Slater

Pantan Hill

### Wine appreciation (v)

Taste and discuss various wine styles.

Learn about characteristics, regions, and wine making techniques. Very popular, very convivial. Fee includes all wines.

Monday 7.30-9.30pm; 6 sessions;

**8 October-19 November**

\$130/\$118

Tony Cahir

Eltham

## Cooking with Agata

Agata Comisso has a southern Italian background, has spent many years in Portugal, and thoroughly enjoys sharing her love of food and cooking.

### Classic pasta, gnocchi and sauces

Make pasta, gnocchi and a variety of green (vegetarian), white (creamy) and red (tomato) sauces to accompany. These old favourites are fun to make and share with family and friends.

Saturday 10am-2pm; 1 session;

**31 August**

Panton Hill

Saturday 10am-2pm; 1 session;

**13 October**

\$55/\$50 per session

Eltham

### Classic pasta sauces

It's not all about the garlic! For a healthy diet and quick to prepare meals here are some great ideas for tasty sauces using traditional aromatic herbs and not so much garlic. There will be a variety of red (tomato) sauce, white (creamy) sauce and a green (vegetable) sauce to serve with your favourite shapes of pasta.

Friday 10am-2pm; 1 session;

**14 September**

\$55/\$50; Diamond Creek

### Are you hungry kids?

Children (aged 7-13) will learn about food, nutrition and basic cooking skills whilst making simple but tasty recipes to share and make again at home.

Tuesday 10am-2pm; 1 session;

**25 September**

\$45/\$40; Diamond Creek

### Italian feast

Cook up a feast with a variety of tasty, traditional dishes using ingredients in season, including bruschetta for starters, vegetables that look scary (artichokes), fennel with fish and a roast like no other!

Saturday 10am-2pm; 1 session;

**15 September**

\$55/\$50; Eltham

### Italian spring lunch

Make the most of delicious seasonal vegetables and fruit at their very best. Spring is a great time to become inspired to create tasty recipes. Discover refreshing fennel and how to cook an artichoke. It's the best time for broad beans and peas – they go well with pasta and make a great healthy snack with a nice tasty cheese.

Saturday 10am-2pm; 1 session;

**27 October**

\$55/\$50; Diamond Creek

### Italian winter warmer

Osso bucco, minestrone and Tuscan tomato soup served with crusty Italian bread. These are just some of the easy, traditional Italian meals that will keep you warm on those cold days.

Friday 10am-2pm; 1 session;

**24 August**

\$55/\$50; Diamond Creek

### Winter warming soups

Comfort food, soul food: delicious soup. Hearty, rich and flavourful to fill you up and warm you up. Add fresh bread and a glass of red and you'll be hearing sleigh bells in the snow!

Saturday 10am-2pm; 1 session; **4 August**

\$55/\$50; Panton Hill

### Mediterranean for less

Make cooking fun and less stressful. Find out where to go and buy good quality produce at budget prices. Learn how easy it is to combine flavours to make tasty and nutritious food from your own home kitchen.

Tuesday 10am-2pm; 1 session; **31 July**

\$55/\$50; Diamond Creek

### Mediterranean party food

With summer holidays and entertaining getting close it will be handy to learn how to make some of your favourite finger food. Learn to make a wide variety of scrumptious, sun drenched snacks!

Friday 10am-2pm; 1 session; **23 November**

\$55/\$50; Diamond Creek

### Olive oil

Taste it. Use it. The secret of the Mediterranean diet. Learn about the benefits of using extra virgin olive oil in cooking and find out about other uses around the house for it. Have a healthy heart, sharp mind and you can even soak in extra virgin olive oil for a wrinkle free you!

Friday 10am-12noon; 1 session; **10 August**

\$45/\$40; Panton Hill

### Portuguese and Spanish tapas

Prepare an assortment of tapas (fascinating finger food). Great with drinks and perfect for both vegetarians and meat-eaters! Some examples depending on availability are: snails, olives, fried croquettes, red peppers stuffed with creamy cheese, skewers of peppers and anchovies, grilled chorizo sausage, tortilla, manchego cheese and slices of jamon.

Sunday 10am-3pm; 1 session; **5 August**

Saturday 10am-3pm; 1 session;

**17 November**

\$55/\$50 per session; Eltham

## Cooking with Robbie

Robbie Rebbechi has a way with foods that inspires and encourages that creative cook in all of us. Courses are held at Panton Hill.

### Let's do lunch (v)

Prepare and share a delicious and nutritious two course café style lunch each week. Good fun, easy recipes that impress.

Wednesday 9.30-12.30pm; 3 sessions;

**22 August-5 September;**

\$75/\$70

### Easy and impressive cakes and desserts (v)

Make fabulous and foolproof cakes and desserts. Super easy and very impressive. Will include at least one flourless cake.

Wednesday 9.30am-12.30pm; 1 session;

**19 September**

\$30/\$25

### Easy party pastries (v)

Learn some tips and shortcuts for making delectable finger food. Make maximum impact without a lot of effort and fuss. Bake mini quiches, Thai chicken rolls and more.

Thursday 9.30am-12.30pm; 1 session;

**15 November**

\$30/\$25

### Winter dinners (v)

Cook winter food with maximum impact and minimum effort. Easy and affordable for family meals, impressive enough for entertaining.

Wednesday 9.30am-12.30pm; 3 sessions;

**25 July-8 August**

\$75/70

### Rice paper rolls (v)

These fresh-tasting rolls are easy to make. They are also ideal for special needs diets, as they are low in fat, gluten free and dairy free. In this class we will make both meat and vegetarian varieties. Come hungry.

Thursday 9.30am-12.30pm

1 session

**29 November**

\$30/\$25

## Cooking with Sandie

Sandie Hernandez has a Mexican/European background, speaks Spanish and has travelled and cooked around the world. Sandie specialises in indigenous and traditional food and the conservation of age-old methods of preserving and preparing food.

### Flatbreads

Unleavened bread is a staple of many cultures and comes in many beautiful guises. In this workshop we will make gozleme – Turkish-style filled bread, Georgian filled griddle bread, brik – Tunisian filled bread and a delicious corn bread from the Balkans. The possibilities of fillings and types of flour used are infinite. We will use a variety of flours and discuss others in the workshop.

Sunday 11am-4pm; 1 session; **23 October**  
\$60/\$55; Panton Hill

### Gluten free, sugar free, dairy free

Discover the benefits of foods prepared with a variety of seasonal, unrefined produce that is free of gluten, sugar and dairy. A helpful introduction to the amazing diversity of flours, sweeteners and other produce which are nutritious and delicious. Learn how to prepare a range of simple yet tasty dishes the whole family will enjoy.

Sunday 11am-4pm; 1 session; **5 August**  
\$60/\$55; Panton Hill

### Mexican cooking

Learn how to make traditional dishes using maize, beans, chillies and organic seasonal produce. Mexican cooking is rich and diverse, melding ingredients from the old world with the subtle, exquisite and beautiful flavours of indigenous Mexico.

Tuesday 6pm-9pm; 4 sessions;  
**31 July-21 August**  
\$120/\$110; Eltham

### Middle Eastern cooking

A world of fragrant spices, nuts, honey, warm flatbreads, fresh herbs, vegetable purees and aromatic sweets, the food from the Middle East is truly magical. Learn to cook simple yet delicious dishes using seasonal produce.

Wednesday 6pm-9pm; 4 sessions;  
**17 October-7 November**  
\$120/\$110; Eltham

### Spanish cooking

Learn how to prepare the luscious, tasty and simple food of Spain. It's a vibrant Mediterranean cuisine some of which is infused with the subtle flavours of North Africa. Saffron, almonds, chickpeas, tomatoes fresh herbs, garlic and fruity green olive oil are much used in this flavoursome cuisine.

Monday 6pm-9pm; 4 sessions;  
**27 August-17 September**  
\$120/\$110; Eltham

### Yogurt making

Yoghurt is a versatile and delicious ingredient used in many ways in cooking. In this workshop we will learn how to make a rich yoghurt and a vanilla infused yoghurt using unhomogenised milk. We will make a yoghurt and lemon cake, a flat bread filled with yoghurt and greens and a green bean dish with fresh dill, yoghurt and pistachios and a Turkish yoghurt and leek soup.

Sunday 11am-4pm; 1 session; **25 November**  
\$60/\$55; Eltham

## Shopping tours

Be guided and inspired by our knowledgeable specialist cooks. Explore some of Melbourne's finest food shopping precincts and sample the taste of the Mediterranean and the Middle East. Leave the car at home and join these fun and informative tours.

### Let's go shopping Mediterranean style!

Cook with passion and shop with passion! Discover the best places to shop; see dairy products being made and taste a variety of small goods – your taste buds will not be disappointed! Save money when you purchase in bulk and get personal service. Italian, Spanish and Portuguese, olives, sundried tomatoes, fresh bread; fresh cheeses and pastas; European deli; marsala and where to buy a cafeteria – sing-along too in the minibus!

Saturday 8.15am-3pm; 1 session;  
**29 September**

Friday 9.15am-4pm; 1 session; **9 November**  
\$40/\$35 per session

### Middle Eastern shopping trip

We will visit several Middle Eastern grocery stores, pastry shops and bakeries where we can sample freshly baked breads, sweet, fragrant pastries with cardamom-flavoured coffee or tea and purchase Middle Eastern ingredients such as pomegranate, molasses, rosewater, nuts and spices. Enjoy lunch at one of the famous Sydney Road cafes (not included in fee).

Saturday 10am-3pm; 1 session; **13 October**  
\$40/\$35

### Spanish shopping trip

We will visit Casa Iberica, a Spanish/Portuguese deli in Fitzroy that has been supplying the Spanish/Latin American community, restaurants and curious cooks with excellent products from Spain, Portugal and Latin America for over 30 years. There is locally made chorizo, bacalao, Argentinian pastries, Portuguese custard tarts, Mexican chillies and maize, paella pans and rice, and many other wonderful ingredients. We can eat a freshly made bocadillo followed by a delicious pastry (not included in fee).

Saturday 10am-2pm; 1 session; **25 August**  
\$35/\$30

### Factory outlet shopping tour

Join this mini-bus tour for a fun-filled day of shopping! Spend what you like on lunch and bargains!

**Sunday 9 September; \$15**

Phone 9438 5350 for more information

## Health, fitness and wellbeing

*Please consult your Doctor before undertaking any new exercise program.*

### Bowen therapy (Emmett technique)

Learn a simple and effective healing skill! Emmett Technique is a hands on muscle release therapy. It's safe to use on anyone (babies, pregnant, elderly) and works on physical, mental, emotional and spiritual wellbeing; correcting imbalances, facilitating lymphatic drainage and restoring the fluid, oxygen, nutrients and electrical energy to all systems, giving relief from pain and dysfunction; thus increasing energy levels. Ask for our flyer.

Saturday 9am-1pm; 2 sessions;

**1-8 September**

\$140/\$130; Rosie Brock; Diamond Creek

### Homeopathy for the Family

Learn how to use natural, safe and effective remedies for everyday ailments and minor injuries.

Monday 9.30am-12noon; 4 sessions;

**8-29 October**

\$95/\$86; Sylvia Neubacher; Panton Hill

### Empowering the mind (v)

This class will study the mind's pathways that link emotions to health, and the activity of the mind which leaves us little time for the here and now. Together with meditation techniques this study teaches us how to master our minds for inner power and inner peace.

Wednesday 7.30pm-9pm; 6 sessions;

**7 November-12 December**

\$35/\$30; Kirti Baxi; Eltham

## Image for success

Imagine meeting yourself for the first time. What would your first impression be? Explore the benefits of developing your image as a tool for personal growth and self-expression. Wednesday 6.30-9.30pm; 1 session;

**1 August;** Eltham

Monday 12noon-3pm; 1 session;

**12 November;** Diamond Creek

\$40/\$35 per session

Kerrie Ferrari

## Introduction to counselling skills

Learn through instruction and role-play the skills of attending and active listening, empathy, questioning, confrontation and interpretation. Taught by a qualified Clinical Psychologist.

Thursday 1pm-3pm; 10 sessions;

**23 August-8 November**

\$150/\$135; Yvonne Tunny; Diamond Creek

## Introduction to kinesiology and relationship building skills (v)

A mind-body approach to reduce stress, create awareness of behavioural patterns and improve communication. Understand yourself and others through face and body structure

Monday 7.30pm-9.30pm; 2 sessions;

**12-19 November**

\$25/\$20; Sue and Bruce Dawson; Eltham

## Keep fit for life (v)

Learn to keep your brain and body active while improving your flexibility, balance and coordination. Learn the three unique features of the Margaret Morris Method to keep yourself fit for life, and to help prevent osteoporosis.

Thursday 11am-12noon; 20 sessions;

**19 July-13 December**

\$55/\$50; Eltham

Wednesday 1pm-2pm; 10 sessions;

**18 July-19 September**

\$28/\$25; Pantan Hill;

Jill Perry

## Life – a journey of joy (v)

Using self-enquiry and non-judgmental investigation into the way we habitually use programmed patterns to create discord and misery in our everyday lives, this class will incorporate meditation and the work of Byron Katie and Esther and Jerry Hicks to bring conscious clarity to personal thought, actions and reactions.

Tuesday 2-3.30pm; 9 sessions;

**24 July-18 September**

\$40/\$35; Rita Hodgson; Eltham

## Need to talk to someone?

Phone 9438 5350 to make an appointment with our volunteer counsellor. Diamond Creek

## Live long well

Re-discover your passion for life! These one day workshops will cover a variety of ways to energise, inspire, reduce stress and stay healthy no matter what your age. Includes nutrition, stress reduction, Chinese medicine, iridology, Tai Chi, mind mapping and much more. Bring lunch to share.

Sunday 10am-4pm; 1 session; **19 August**

Eltham: **“Physical aspects”**

Saturday 10am-4pm; 1 session;

**16 September**

Pantan Hill: **“Body/mind connexions”**

Saturday 10am-4pm; 1 session; **20 October**

Diamond Creek: **“Spiritual direction”**

\$55/\$50 per session; Toni Leigh

## Mapping for the mind

This easily learned skill is a revolutionary note taking technique that enhances the power of the mind by using a balance of both left and right sides of the brain. A tool that can be used in a multitude of life situations: study, revision, time management, budgeting, analysis, planning etc. Suitable for complete beginners from year 6 primary to mature age.

Saturday 9.30am-12.30pm; 1 session;

**15 September**

\$30/\$25; Ruth Sommerhalder;

Diamond Creek

## Natural Menopause Management

Explore natural menopause management without HRT! This workshop will look at the natural options available to you.

Saturday 1pm-4pm; 1 session; 4 August

\$35/\$30; Sylvia Neubacher; Pantan Hill

## (Meno) Pause for Thought (v)

Gain a greater understanding of the hormonal and emotional changes that accompany a greater maturity – discover new ways to focus your energy in creating and maintaining fulfilling relationships and a satisfying lifestyle

Tuesday 1pm-3pm; 3 sessions: 14 August

\$25/\$20; Maggie Broom; Pantan Hill

## Paso a Paso Exercise to a Latin Beat (v)

Aerobic dancing to Spanish music – salsa, mambo, cha-cha, rumba and flamenco with stretching and relaxation at the end of each session

Tuesday 10.30am-11.30am; 10 sessions;

**17 July-18 September**

\$30/\$25; Beatrice Glattauer; Pantan Hill

## Wellbeing for life (v)

Work towards achieving a weight within the healthy weight range by following a healthy lifestyle, eating a nutritious range of food and incorporating some exercise into your daily life. Tutor has a wealth of experience in weight loss and nutrition.

Thursday 2-3pm; 8 sessions;

**18 October-6 December**

\$30/\$26; Faye Ridgeway; Diamond Creek

## Meditation, Relaxation and Yoga Evening meditation

Find inner peace and harmony through gentle meditation and relaxation techniques. Learn to reduce stress, anxiety and tension. Beginners welcome.

Thursday 7.30pm-9pm; 8 sessions;

**2 August-20 September**

Thursday 7.30pm-9pm; 8 sessions;

**11 October-29 November**

\$110/\$100 per course; Jennifer Valls

Eltham

## Meditation for relaxation

Treat yourself to an hour of peace and relaxation. Using music, aromatherapy, safe stretching/body and breath awareness and a nature based guided visualisation to refresh body mind and spirit. Learn to use these skills anytime during your busy schedule and lessen the effects of stress in your life.

Monday 10am-11am; 8 sessions;

**23 July-10 September**

Monday 10am-11am; 8 sessions;

**15 October-10 December**

\$83/\$75 per course; Ruth Sommerhalder

Diamond Creek

## Yoga, relaxation and meditation

Learn relaxation skills that may help to deal with stress and pain; Hatha yoga to increase flexibility and body awareness; meditation skills to increase and enhance awareness of inner life relating to physical life.

Thursday 7.30pm-9pm; 8 sessions;

**26 July-13 September**

Thursday 7.30pm-9pm; 8 sessions;

**18 October-6 December**

Christine Wright

Friday 10am-11.30am; 8 sessions;

**27 July-14 September**

Friday 10am-11.30am; 8 sessions;

**19 October-7 December**

Sonia Greenwood

\$94/\$85 per course; Diamond Creek

## Reiki

Learn the Reiki system of hands-on healing, a life-changing gift. Manual and certificate included.

### Reiki I

Saturday & Sunday 10am-3pm; 2 sessions;

**11-12 August;** \$95/\$85

### Reiki II

Saturday & Sunday 10am-3pm; 2 sessions;

**27-28 October;** \$95/\$85

### Reiki workshop (v)

Practise your Reiki skills and receive a Reiki healing. You need to have completed Reiki 1 (here or elsewhere) to join this group.

Wednesday 7.30pm-9.30pm; 1 session;

**12 September;** \$15

Jennifer Valls; Eltham

## For Parents Kiddy Care

For parents, babysitters and grandparents of babies and children. Learn strategies to reduce the risk of injury occurring in and around the home and deal with little accidents; including burns, bleeding, bites, bone and joint injuries, illnesses and allergies. Kiddy Care First Aid assists towards gaining basic first aid and resuscitation skills. Students must be 12 years or older  
Wednesday 9.30-12.30pm; 2 sessions;  
**25 July-1 August**  
Tuesday 6pm-9pm; 2 sessions;  
**13-20 November**  
\$65 per course; Panton Hill

## Resilient Kids and Learned Optimism (v)

What makes a successful child? These sessions examine some enjoyable ways of developing motivation, resilience and optimism in children.  
Tuesday 1pm-3pm; 3 sessions; **24 July**  
\$25/\$20; Maggie Broom; Panton Hill

## Parenting Adolescents

How does our parenting change as our children move towards adulthood? What do we and they need to maintain strong and loving relationships during this transitional time? Explore these and other questions facing parents of adolescents, including coping with moods and hormones and encouraging independent thoughts.  
Thursday 7pm-9pm; 6 sessions;  
**18 October-22 November**  
\$35/\$30 (subsidised by Friends of Nillumbik, DC)  
Maggie Broom; Diamond Creek

## Positive Parenting Program

Want to learn new ideas about parenting skills? This seven-week program at Diamond Creek is delivered by CPS Family Services and includes setting firm limits and boundaries, positive discipline and looking after yourself while you do it.

Fee \$30. No charge for Concession card holders. Free childcare. More information and bookings call Jan on 9458 3566.

## Step into fitness

General exercise and stretching. Learn about diet, nutrition and weight control. Develop lean muscle mass and stimulate metabolism to improve fitness and health. Increase flexibility and agility and strengthen core muscle and balance. Conducted by a level 4 accredited sports coach.

Tuesday 10am-11am; 8 sessions;  
**24 July-11 September**  
Tuesday 10am-11am; 8 sessions;  
**16 October-11 December**  
\$77/\$70 per course;  
Garry Baniecki; Diamond Creek

## Tai Chi

Tai Chi is suitable for all ages. No particular level of physical fitness is required.

### Tai Chi

Through the calm and relaxation generated by the gentle movements of Tai Chi, the energy that has been locked in a tense body is released and good health and mental awareness is enjoyed.

Friday 10.45am-11.45am; 10 sessions;  
**20 July-21 September**

Friday 10.45am-11.45am; 10 sessions;  
**12 October-14 December**  
\$110/\$100 per term;  
Marcia Davis; Eltham

### Tai Chi and Qi Gong - Beginners

A set of Tai Chi movements which improve balance, coordination, stress management, blood pressure, heart rate, breathing and flexibility.

Wednesday 10am-11am; 8 sessions;  
**25 July-12 September**

Wednesday 10am-11am; 8 sessions;  
**17 October-5 December**  
\$77/\$70 per course  
Linda Davis  
Diamond Creek

### Tai Chi and Qi Gong - Advanced

For those with some experience.

Thursday 10am-11am; 8 sessions;  
**26 July-13 September**

Thursday 10am-11am; 8 sessions;  
**18 October-6 December**  
\$77/\$70 per course  
Linda Davis  
Diamond Creek

## Pilates

Holistic fitness program based on strengthening the deep muscles of the torso. Also improves breathing and posture. Not suitable for injury rehabilitation or for those who are pregnant. The orientation class, which covers the elementary techniques and principles of pilates, is a requirement, for those with little or no experience.

Saturday 9am-11am; 1 session; **21 July**  
(orientation class)

Saturday 9am-11am; 1 session; **10 November**  
(orientation class) \$10 per session

Monday 7.30pm-8.30pm; 8 sessions;  
**23 July-10 September**  
\$77/\$70

Monday 7.30pm-8.30pm; 6 sessions;  
**12 November-17 December**  
\$58/\$53; Cath Fisher; Diamond Creek

## Tennis for Fun(v)

Join this friendly group to learn to play tennis or to brush up on your existing skills.

Wednesday 9.30am-12noon; 10 sessions;  
**10 October-12 December**  
\$70/\$65; Mandy Savage; Panton Hill

## Tibetan energy for health and wellbeing (v)

Gain an insight into energy anatomy and learn techniques to reduce pain and stress and increase well-being.

Monday 7pm-9.30pm; 1 session; **8 October**  
\$20/\$15; Sue Dawson; Eltham

## Home, farm and garden

### Becoming an owner builder (v)

Get tips from an experienced local builder and learn how to source information and develop a system to become an owner-builder. Book early for this popular, informative workshop.  
Saturday 10am-4pm; 1 session; **18 August**  
Panton Hill

Saturday 10am-4pm; 1 session;  
**10 November**

Eltham  
\$25/\$20 per session; John Browning

### Hairdressing at home

Learn the basic skills from a qualified hairdresser to keep the family's hair in trim. Includes layered and blunt haircuts for children and adults, and advice on colouring and general hairdressing.

Monday 12.30pm-2pm; 4 sessions;

**27 August-17 September**

\$65/\$60; Ann Moulding; Diamond Creek

### Galloping gardeners (v)

Join this group of garden enthusiasts visiting a different member's garden each week. Share ideas, skills and passions from pot plants, vegies, landscaping and drought resistant gardens.

Thursday 9.30am-12noon; 6 sessions;

**6 September-8 November**

\$30/\$25; June Van Tenac; Panton Hill

### Feng Shui

More than simple furniture placement, these workshop will introduce the art of Feng Shui. Whether your home is rural or urban, you can learn how to better align the earth's energies to create harmony and health.

Friday 9.30am-3pm; 1 session; **10 August**  
\$25/\$20; Daryl Mitchell; Panton Hill

Monday 9.30am-11.30am; 4 sessions;  
**8-29 October**; Eltham

Wednesday 7pm-9pm; 4 sessions;

**8-29 August**; Diamond Creek

\$30/\$25 per session; Sally Fischmann

### Nestboxes for wildlife (v)

Learn all about hollow-nesting wildlife and how to provide artificial accommodation for them.

Only very basic handyman skills required.

Saturday 1pm-3pm; 1 session; **21 July**

\$30/\$25; Danielle Clode; Panton Hill

## Nillumbik Shire Council Environmental Events

### Pruning workshop

Watch demonstrations and gain practical experience in pruning deciduous fruit trees to maximise the health and productivity of your trees. Bring gloves, secateurs and lunch.

Wednesday 9.30am-4.30pm; 1 session;

**18 July**

\$20 (includes morning and afternoon tea)

Graeme George

Edendale Farm Community Environment Centre, Gastons Road, Eltham

### Introduction to indigenous garden design

Covers basic concepts which need to be considered when developing a garden, and how to identify the types of indigenous plants available. Take an indigenous plant home.

Sunday 9am-12noon; 1 session; **26 August**

\$15 (includes morning tea); Judy Allen

Edendale Farm Community Environment Centre, Gastons Road, Eltham

### Attracting birds to your garden

With the right garden design, indigenous plant selection and plant density, and use of water, feeders and bird boxes you can attract birds of various species to your garden.

Gain information on which birds are likely to be attracted to gardens and why. Select an indigenous plant to take home.

Sunday 9am-12noon; 1 session;

**9 September**

\$15 (includes morning tea); Judy Allen

Edendale Farm Community Environment Centre, Gastons Road, Eltham

### One Tree Hill wildlife walk

Discover more about the fascinating and rare wildlife of One Tree Hill Reserve – Tuans, Dunnarts, Powerful Owls, Southern Brown Bandicoots, Eastern Horseshoe Bats and Agile Antechinus. Wear sturdy walking shoes.

Sunday 10am-12noon; 1 session;

**23 September**; No charge; Richard Francis

One Tree Hill Reserve watertank carpark, top of Mine Road, Christmas Hills

Bookings: Megan Frye 9433 3210

### Composting and worm farming troubleshooting seminars

Learn all you need to know about establishing and making great compost, and managing worm farms. Compost bin and worm farm to giveaway!

Saturday 10am-12noon; 1 session;

**15 September**; \$15 (includes morning tea)

The Food Farm (more details on booking)

Bookings: 9430 1313

Wednesday 7pm-9pm; 1 session;

**17 October**; No charge

Edendale Farm Community Environment Centre, Gastons Road, Eltham

Bookings: 9436 3516

### The Sugar Glider experience

Learn more about local nocturnal wildlife, including micro bats, Tawny Frogmouths, Brushtail and Ringtail Possums. Watch Sugar Gliders glide straight over your head at dusk.

Wednesday 7pm-9pm; 1 session; **3 October**

No charge; Richard Francis

Wingrove Park, Main Road, Eltham

Bookings: Megan Frye 9433 3210

### Reusable nappy information session

Learn about the latest alternatives to disposable nappies. Modern cloth nappies are easy to use, easy on your budget, comfortable for your baby and are easy to clean (no soaking required). Speak to parents who know about the advantages of reusable nappies.

Wednesday 10.30am-12.30pm; 1 session;

**10 October**

Edendale Farm Community Environment

Centre, Gastons Road, Eltham

Friday 10.30am-12.30pm; 1 session;

**7 December**

No charge

Diamond Valley Library, Civic Drive,

Greensborough

Bookings: 9436 3516

### Managing horses on small properties

Covers property design and paddock layout, water protection, conservation and supply, and management of pasture, grazing and manure.

Visit a demonstration site to see sustainable horse management in action.

**Tuesday 20 November and Thursday**

**22 November**; 6.30pm-9.30pm; 2 sessions

**Saturday 24 November**; 9am-5pm;

1 session (please bring lunch)

\$30 (light refreshments provided)

Jane Myers; Pantan Hill

Book by Wednesday 14 November,

Tim O'Donnell, (03) 5962 5778 or email

[tim@mooramoor.org.au](mailto:tim@mooramoor.org.au) .

### Salvias and other hardy perennials (v)

Beat the drought with some colourful salvias and other perennials from tough places around the world. Learn what to choose, where to find them and how to propagate them. Includes a visit to the tutor's salvia garden.

Tuesday 9.30am-12noon; 2 sessions;

**13-20 November**

\$20; Pat Anderson; Pantan Hill

### Successful horse training (v)

Develop a better understanding of horse and rider training by using the German Training Scale. Enjoy a happy horse and safer rider.

Tuesday 7pm-8pm; 2 sessions;

**7-14 August**

\$15; Andrea Hegman; Pantan Hill

### Welding

An introduction to arc and mig welding, bronzing, brazing and cutting. Gift vouchers available for Father's Day.

Friday 9.30am-2.30pm; 1 session;

**12 October**

\$110/\$100; John Hewish; Kangaroo Ground

### The Sustainable Homes Program

The Sustainable Homes Program presents a series of free environmental workshops run with expert presenters to help you make your home more sustainable. Learn how to audit your home for energy and water, and you can receive up to three free Sustainability Kits to help kick start your sustainability campaign. For more information contact Rebecca Petit, Sustainable Homes Coordinator, 8470 8373, or email [sustainablehomes@darebin.vic.gov.au](mailto:sustainablehomes@darebin.vic.gov.au) . To register online visit [www.sustainablehomes.vic.gov.au](http://www.sustainablehomes.vic.gov.au) .

#### Being waste wise and buying green

Thursday 6.45pm-9pm; 1 session; **12 July**

Rethink Waste Wise Education Centre,

Banyule City Council Operations Centre,

Banksia Street, Bellfield

#### Going Places Green Travel

Thursday 6.45pm-9pm; 1 session; **16 August**

Edendale Farm Community Environment

Centre, Gastons Road, Eltham

#### Creating a sustainable garden

Thursday 6.45pm-9pm; 1 session;

**20 September**

Edendale Farm Community Environment

Centre, Gastons Road, Eltham

#### Showcasing workplace sustainability

Thursday 6.45pm-9pm; 1 session;

**11 October**

Edendale Farm Community Environment

Centre, Gastons Road, Eltham

#### Create a sustainable workplace

Thursday 6.45pm-9pm; 1 session;

**25 October**

Edendale Farm Community Environment

Centre, Gastons Road, Eltham

#### Sustainable homes tour

Sunday 10am-1pm; 1 session;

**18 November**

Meeting point to be announced.

## Music, dance and language

### Voice training for singers

Learn vocal technique in a group setting. Improve vocal production and understand more about how the voice works. Includes aural and rhythmic skills which will help performers find confidence when singing.

Monday 1.30-3pm; 6 sessions;

**13 August-17 September**

\$100/\$90

Monday 1.30-3pm; 8 sessions;

**8 October-3 December**

\$130/\$120; Cindy John; Eltham

### Piano/keyboard

Musical understanding and practice including aural skills and theory for musical progress.

Individual or group lessons. Age six to adult.

Saturday 10.30am-onward; 9 sessions;

**21 July-15 September**

Saturday 10.30am-onward; 9 sessions;

**13 October-8 December**

\$144/\$131 per course; Colin McKellar;

Diamond Creek

### Guitar

#### Guitar – for beginners

This course includes a little musical theory to enable you to read and play the melody notes of well known songs. Bring your own guitar or it may be possible to hire one from the tutor.

Tuesday 7.30pm-8.30pm; 8 sessions;

**24 July-11 September**

#### Guitar – continuing – open chords

A practical course which covers open string chords, strumming, common chord progressions and well known songs. The introductory course or some previous guitar experience is a requirement.

Tuesday 7.30pm-8.30pm; 8 sessions;

**16 October-11 December**

\$95/\$86 per course

Garry Hayes

Diamond Creek

### Folk Singing and Guitar (v)

Basic guitar skills needed, or just come along and sing.

Friday 1pm-3pm; 18 sessions;

**27 July-7 December**

\$90/\$80

Cathy Parke and John Doyle

Panton Hill

### Tutors wanted!

We're looking for tutors in woodworking, pottery and ceramics, yoga, visual arts, picture framing and writing, and to lead walking groups. Contact the program coordinators at Diamond Creek, Eltham or Panton Hill.

### Dancing

#### Bollywood dancing

Try out this new dance craze made popular by the Indian film industry. New quirky dance and exercise routines each term. Join in the fun and get fit at the same time. Beginners welcome.

Tuesday 4.30pm-5.30pm; 10 sessions;

**17 July-18 September**

\$103/\$93

Tuesday 4.30pm-5.30pm; 8 sessions;

**16 October-11 December**

Tuesday 7pm-8pm; 8 sessions;

**16 October-11 December**

\$83/\$75 per course; Maggie Flanagan

Diamond Creek

#### Discovering dance (v)

Enjoy a variety of dance styles, an appreciation of different types of music and rhythms, and increase your fitness in a fun and friendly environment.

Thursday 9am-10.30am; 9 sessions;

**19 July-13 September**

Thursday 9am-10.30am; 9 sessions;

**11 October-6 December**

\$50/\$45 per course

Jenni Farrough, Michelle Harris, Meg Wilson

Eltham

#### Line dancing

Have fun dancing to popular Country and Western style music.

Tuesday 10.30am-11.30am; 8 sessions;

**24 July-11 September**

Tuesday 10.30am-11.30am; 8 sessions;

**16 October-11 December**

\$52/\$47 per course; Pam Taylor;

Diamond Creek

### Conversational language

Increase fluency, vocabulary and confidence in a friendly, social setting. For people who want to brush up or improve their conversational skills. Activities will be guided by the group.

#### Conversational French (v)

Thursday 10am-11.30am; 10 sessions;

**19 July-20 September**

Thursday 10am-11.30am; 10 sessions;

**11 October-13 December**

\$55/\$50 per term; Caroline Kardachi; Eltham

#### Conversational Spanish (v)

Tuesday 6.30pm-8pm; 8 sessions;

**31 July-18 September**

Tuesday 6.30pm-8pm; 8 sessions;

**9 October-4 December**

\$45/\$40 per term; Nekane Kandina; Eltham

### Let us know!

If there is a course or workshop you or a group of people would like to do that we don't currently offer.

### Gift vouchers

Why not give a Living & Learning Nillumbik Gift Voucher to someone? Great idea for Father's Day!

## Pottery

### Evening pottery (v)

A new class for new and returning potters. Learn the techniques of throwing, handbuilding, glazing and decorating. Develop individual projects and let your imagination take flight!

Monday 7pm-9pm; 8 sessions;

**30 July-17 September**

Monday 7pm-9pm; 8 sessions;

**8 October-3 December**

\$60/\$55 per term; Priscilla Lane; Eltham

### Pottery for beginners (v)

Learn the techniques of wheel work and hand-building. Learn about the types of clay, centring, throwing, methods of decoration, firing and glazing. Suitable for complete beginners and those with basic skills.

Monday 9.30am-1pm; 10 sessions;

**16 July-17 September**

\$110/\$100

Monday 9.30am-1pm; 8 sessions;

**8 October-3 December**

\$88/\$80

Helen Sparrow; Eltham

### New!

#### Pottery co-op multi-session cards now available.

10 sessions \$110; 5 sessions \$60

Valid for 12 months and can be used for any pottery co-op.

### Pottery co-ops (v)

These groups meet weekly to share skills and ideas. You must be able to work independently in wheelwork, hand building or sculpture. Thursday and Saturday groups share fantastic lunches!

#### Pottery co-op – Tuesday

Tuesday 9.30am-3.30pm; 19 sessions;

**17 July-11 December**

\$175/\$165; Sue Bayly and Gheda

Fitzmaurice; Eltham

#### Pottery co-op – Thursday

Thursday 9.30am-3.30pm; 20 sessions;

**19 July-13 December**

\$185/\$175; Sue McCormick; Eltham

#### Pottery co-op – Saturday

Saturday 10am-2pm; 18 sessions;

**21 July-15 December**

\$165/\$155; Steve Hudson; Eltham

## Textiles

### Applique techniques (v)

Learn to applique by hand or machine for wall hangings and quilts Suitable for beginners.  
Wednesday 9.30am-12noon; 2 sessions;  
**8 August and 22 August**  
\$20; Sue Adams; Pantom Hill

### Bra-making for beginners (v)

It's easy to make a pretty, well fitted bra. You just need a sewing machine and basic sewing skills. Fee includes kit and pattern.  
Saturday 9.30am-4pm; 1 session;  
**13 October**; \$60/\$55; Cheryl Healy; Pantom Hill

### Patchwork

#### Log cabins around the world

Produce a unique patchwork quilt top by using the traditional log cabin block, but with a twist at our annual fundraiser! Monies raised support Friends of Diamond Creek projects. Materials list supplied. BYO lunch.  
Sunday starts 8am; 1 session; **11 November**  
\$70; Christina Altamore; Diamond Creek

#### Patchwork co-op (v)

Join this friendly and supportive group to work on your patchwork/craft projects each month.  
Wednesday 1pm-3pm; 5 sessions;  
**1 August-5 December**  
\$20; Pam Parsons; Pantom Hill

#### Patchwork in progress (v)

Work on your own patchwork or craft project. Share ideas, inspiration and enjoy each other's company. Join anytime.  
Wednesday 9.30am-11.30am; 16 sessions;  
**25 July-5 December**; \$35/\$30 per term  
Christina Altamore; Diamond Creek

#### Patchwork pantry - table runner

Learn machine piecing triangles, basting, machine quilting and continuous bias binding to finish your project. Materials extra.  
Saturday 1pm-4pm; 3 sessions;  
**28 July-25 August**  
\$73/\$66; Christina Altamore; Diamond Creek

### Felting workshops with Phyllis

Phyllis Hoffman has always loved being creative with knitting, stitching, beading and felting and is passionate about textiles. You will produce a fabulous felted creation in each of these creative workshops. Book two or more felting workshops and pay only \$55/\$50 per session.

#### Felt a fabulous bag

Learn how to design a template for a bag and how to felt with a resist. Explore design, function, fasteners and handles. Bags can be decorated with silk, hand or machine embroidery, buttons, beading or other decoration of your choice.  
Saturday 9.30am-3.30pm; 1 session;  
**22 September**; \$65/\$60; Eltham

#### Nuno felting – scarf or wrap

Felt fine Merino wool together with silk or open weave fabric – the fabric will shrink and form soft folds and designs. Explore the various types of silk and other bits and pieces that can be felted with wool.  
Saturday 9.30am-3.30pm; 1 session;  
**25 August**; \$65/\$60; Eltham

#### Dye another day (v)

Using cold water, reactive dyes, explore shade and tone to produce a range of fabrics suitable for patchwork and other textile arts.  
Sunday 9.30-4pm; 1 session; **28 October**  
\$50/\$45; Rae Cummings; Pantom Hill

#### Needle natter (v)

Bring along your current projects or be inspired to start something new in this friendly chatty, skill-sharing group.  
Tuesday 9.30am-12noon; 19 sessions;  
**17 July-11 December**  
\$110/\$100; Kerry Armit; Pantom Hill

#### Spinning co-op (v)

Join this friendly, untutored group to spin wool for your winter knitting.  
Thursday 1pm-3pm; 10 sessions;  
**19 July-20 September**  
Thursday 1pm-3pm; 10 sessions;  
**11 October-13 December**  
\$45/\$40; Pantom Hill

#### Make an original felted scarf

Using fine Merino wool, make a beautiful original felt scarf. Learn the age-old techniques of felting and fulling.  
Saturday 9.30am-3.30pm; 1 session;  
**4 August**; \$65/\$60 per session; Eltham

#### Fabulous felting

Choose what you would like to make: scarf, wrap, bag, hat, vest, or other design choice and we will discuss ideas, colour and design and if required make a pattern or template for resist.  
Saturday 9.30am-3.30pm; 1 session;  
**20 October**; Eltham  
Saturday 9.30am-3.30pm; 1 session;  
**10 November**; Pantom Hill  
\$65/\$60 per session

#### Sewing group (v)

Bring your sewing machine to this friendly group and sew in pleasant company.  
Monday 1pm-3pm; 18 sessions;  
**16 July-3 December**  
\$95/\$85; Maureen Egan; Eltham

#### Sew the perfect fit

Sew the garment of your choice. Learn how to adjust a pattern to fit you perfectly. We will discuss colour and design and how to dress to suit your lifestyle. Sew at your own pace and learn all the tips that give a garment a professional finish.  
Wednesday 9.30am-12.30pm; 6 sessions;  
**8 August-12 September**  
Eltham  
Tuesday 9.30am-12.30pm; 6 session;  
**9 October-20 November**  
Pantom Hill  
\$165/\$155 per course  
Phyllis Hoffman

## Walks and walking groups

See also *Environmental Events*.

### Calendonia – St Andrews walk (v)

A guided walk through the old Calendonia diggings and surroundings in St Andrews.  
Saturday 1.30pm -3.30pm; 1 session;  
**25 August**  
Thursday 10.30am -12.30pm; 1 session;  
**15 November**  
\$10 or \$15 for two people per session  
Gaye Ponting; Pantom Hill

### Macleod-Eltham walk (v)

A day walk (16km) from Macleod station to Eltham through Gresswell Forest and then mainly along off-road paths. For experienced walkers; BYO lunch.  
Sunday 8.45am-3.45pm; **14 October**  
\$12 or \$20 for two people; Russell Yeoman

### Walking group (v)

Join any or all of these walks around four different local tracks, approximately 7km-8km walk at average speed. Average level of fitness required. Enrol at any time.  
9.15am-10.45am; **begins 16 July**  
\$12 per semester; Sandra Clark

### Walter Withers walk (v)

A guided walk (18km) to celebrate the fortieth anniversary of the Eltham District Historical Society and the life of Heidelberg School artist Walter Withers. For experienced walkers. BYO lunch.  
Sunday 8.45am-3.45pm; **29 July**  
\$12 or \$20 for two people; Russell Yeoman

### Free Eltham heritage walks with the Eltham District Historical Society

For details contact Russell on 9439 9717 or Harry on 9439 1175.

## Visual arts

### Art workshop (v)

Work in your favourite medium, or try a new one. Suitable for all levels.

Monday 9.30am-12noon; 18 sessions;

**23 July-10 December**

\$110 /\$100; Pam Lawson; Panton Hill

### Digital imagery

Learn to change, improve and enhance your digital photographs. Learn how to correct image problems, increase overall impact and atmosphere, use tools and layers to blend and combine for the best results.

Wednesday 1pm-3pm; 7 sessions;

**17 October-28 November**

\$160/\$145; Darrell James; Diamond Creek

### Garden sculpture

Create your own garden sculpture from recycled metal pieces. Fee includes materials.

Friday 9.30am-12.30pm; 3 sessions;

**9 November-23 November**

\$110/\$100; Jane Hewish; Kangaroo Ground

### Hebel block sculpture

Make your own fabulous sculpture with this easy to carve, material. Includes materials.

Friday 9.30am-12.30pm; 3 sessions;

**19 October-2 November**

\$80 /\$75; Jane Hewish; Kangaroo Ground

### Leadlight

If you are interested in learning this beautiful craft please let us know. Currently our classes are full but places may become available at a later date.

### Leadlight co-op (v)

A friendly group for experienced leadlighters to share inspiration and skills.

Wednesday 1pm-4pm; 20 sessions;

**18 July-12 December**

\$165/\$155; Dayle Howat; Eltham

### Life drawing (v)

Learn this skill, or expand your existing skills, in this friendly environment which encourages creative growth. Suitable for complete beginners and those with experience. Fee includes life model.

Thursday 1pm-3pm; 10 sessions;

**19 July-20 September**

Thursday 1pm-3pm; 10 sessions;

**11 October-13 December**

\$155/\$145 per term; David Manson; Eltham

### Life sculpture ceramics (v)

Learn to sculpt the human form from a live model, with an experienced tutor, in a friendly environment. Fee includes life model.

Friday 1pm-3pm; 10 sessions;

**20 July-21 September**

Friday 1pm-3pm; 10 sessions;

**12 October-14 December**

\$155/\$145 per term; David Manson; Eltham

### Mosaic

#### Mosaic co-op (v)

Join this friendly group to share a workplace, ideas and inspiration. Beginners welcome

Friday 9.30am-12noon; 18 sessions;

**27 July-7 December**

\$100/\$95; Sharon Wells; Panton Hill

#### Mosaic projects with Leonie Thomas

Bring your own project or choose from projects provided by the tutor. Beginners and experienced welcome.

Sunday 9.30am-2.30pm; 2 sessions;

**9 September-16 September**

\$105/\$95; Eltham

Saturday 9.30am-2.30pm; 3 sessions;

**24 November-8 December**

\$155/\$140; Eltham

Wednesday 9.30am-12.30pm; 4 sessions;

**29 August-19 September**

\$125/\$115; Panton Hill;

### Mixed media co-operative (v)

Share skills, work in your favourite medium or to be inspired to work in other media.

Tuesday 1pm-3pm; 19 sessions;

**17 July-11 December**

\$105/\$95; Maureen Gardner; Eltham

### Painting in oils (v)

Learn to paint portraits, figures or still life.

Suitable for beginners and the experienced.

Thursday 9.30am-12noon; 20 sessions;

**19 July-13 December**

\$154/\$140; David Manson; Eltham

### Pastel co-operative (v)

An informal, supportive group for people who enjoy working in soft pastel. Skills will be shared and positive encouragement given.

Tuesday 9am-12noon; 10 sessions;

**17 July-18 September; \$84/\$74**

Tuesday 9am-12noon; 9 sessions;

**9 October-11 December; \$76/\$66**

Maureen Gardner and Karol Biasizzo; Eltham

### Photography

Improve your camera work and learn the elements of good photography. Topics covered include equipment (manual and digital), lighting, portraits, photo essays, landscape photography and more.

Wednesday 7pm-9.30pm; 10 sessions;

**22 August-7 November**

(No classes 26 September and 3 October)

\$210/\$190; Chris Tabecki; Eltham

### Screen printing

Learn how to transfer your own drawings and paintings on to silk-screens and print your own t-shirts and fabrics. Simple effective techniques will ensure you can continue to create your own screen prints at home.

Sunday 9.30am-4pm; 3 sessions;

**25 November-9 December**

\$165/\$155; Jude White; Eltham

### Watercolour

#### Watercolour and beyond

Learn basic techniques and stunning effects you can create with this beautiful medium.

Saturday 10.15am-12.15pm; 9 sessions;

**21 July-22 September**

Saturday 10.15am-12.15pm; 9 sessions;

**13 October-15 December**

\$182/\$165; Alexandra Leti; Eltham

#### Watercolour co-op (v)

Join other watercolour enthusiasts to share ideas and inspiration. BYO art material.

Tuesday 1pm-3pm; 16 sessions;

**24 July-11 December**

\$43/\$38 per term; Bryan Green;

Diamond Creek

## Ways with words

### Introduction to fiction writing

A practical short course for aspiring and emerging writers.

Monday 1pm-4pm; 4 sessions;

**16 July-6 August**

\$147/\$133; Karen Sparnon; Eltham

### Book club (v)

Enjoy reading great titles and discussing the books over afternoon tea or light supper.

Tuesday 1pm-2.30pm; 5 sessions;

**17 July-20 November; Panton Hill**

Wednesday 7pm-8.30pm; 5 sessions;

**18 July-21 November; Eltham**

\$15 per course

### Cryptic crosswords (v)

Learn to unravel the clues to solve these stimulating and highly addictive crosswords.

Thursday 1pm-3pm; 8 sessions;

**2 August-20 September**

\$40/\$35; Marnie Holborow; Eltham

### Genealogy group

Learn about this exciting hobby, share ideas, resources and explore online records.

Monday 1pm-3pm; 8 sessions;

**15 October-10 December**

\$45/\$40; Elaine Moore; Diamond Creek

### Genealogy

#### An introductory workshop

Learn how to trace your family history. Jennie has over 30 years experience in Genealogy and writes for the Ancestor magazine of the Genealogical Society of Victoria.

Monday 1.30pm-2.30pm; 1 session; **6 August**

#### Finding families online

Learn how to access free birth, death and marriage indexes online, cemeteries, passengers, gaol records, teacher's records and other well known gateways to genealogy.

Monday 1.30pm-2.30pm; 1 session;

**20 August; \$15 per course; Jennie Carter;**

Diamond Creek

# Enrolment form

Processed VETtrak

## 1 Phone in

Enrolments will be accepted using Bankcard, Mastercard or Visa. Have your card ready.

## 2 Mail in

• Complete this Enrolment Form.  
• Enclose your preferred method of payment.

## 3 Fax in

Enrolments will be accepted using Bankcard, Mastercard or Visa.

## 4 Walk in

Bring this Enrolment Form, along with cash, cheque, money order or credit card to any venue.

First name \_\_\_\_\_  
Surname \_\_\_\_\_  
Address \_\_\_\_\_  
Suburb \_\_\_\_\_ Pcode \_\_\_\_\_  
Home phone \_\_\_\_\_ Bus phone \_\_\_\_\_  
Mobile \_\_\_\_\_  
Email \_\_\_\_\_  
Male  Female  Date of Birth: \_\_\_\_\_  
Emergency contact and phone \_\_\_\_\_  
How did you find out about the course?  
\_\_\_\_\_

| Course name       | Date | Fee       |
|-------------------|------|-----------|
|                   |      |           |
|                   |      |           |
|                   |      |           |
| <b>Total Fees</b> |      | <b>\$</b> |

Are you claiming a concession? YES  NO   
If yes, please state your Social Security No.  
\_\_\_\_\_

**I have read and agree to the Conditions of enrolment (overleaf).**

**Print name** \_\_\_\_\_  
**Signed** \_\_\_\_\_  
**Date** \_\_\_\_\_

**Method of payment (please tick)**      **Amount**  \$

Cash  Bankcard  Mastercard  Visa   
Chq/Money Order  (**Made payable to Nillumbik Shire Council**)  
Credit Card No. (if applicable) \_\_\_\_\_  
-----  
Name on card \_\_\_\_\_ Expiry date: \_\_\_\_\_  
Signed \_\_\_\_\_

| Childcare bookings |                 |      |
|--------------------|-----------------|------|
| Course             | No. of children | Ages |
|                    |                 |      |
|                    |                 |      |

**Our funding bodies require all providers to collect statistics to help with planning. You will not be identified with the statistics. We appreciate your taking the time to answer these brief questions. Please answer all questions.**

Are you of Aboriginal or Torres Strait Islander origin?  
YES  NO

In which country were you born? \_\_\_\_\_

What language do you speak at home? \_\_\_\_\_

Which of the following best describes you?

- Full time employee   
Part time employee   
Self employed   
Employer   
Unpaid family worker   
Seeking full time work   
Seeking part time work   
Not seeking work

Do you consider yourself to have a disability or medical condition?  
YES  NO

- If Yes, please specify (tick one)
- Acquired brain impairment   
Hearing/deaf   
Intellectual   
Learning   
Medical condition   
Mental illness   
Other   
Physical   
Vision

### Education

What is your highest completed school level?

Year 8 or lower   
Year 9   
Year 10   
Year 11   
Year 12   
In which year did you complete that school level? \_\_\_\_\_

Have you completed any TAFE or university course since school?  
YES  NO   
If Yes, what were the courses?

Advanced Diploma and Associate Degree level   
Bachelor Degree or Higher Degree level   
Certificate I   
Certificate II   
Certificate III   
Certificate IV   
Diploma level   
Miscellaneous education

### Study Reason

Which one below best describes your study reason?

Get a job   
Develop my business   
Start my own business   
Better job or promotion   
Requirement of job   
Extra skills for my job   
Leads to another course   
Personal interest   
Self development   
Other reasons

### Eltham

739 Main Road, Eltham 3095  
Melway 21 J7  
Office hours Monday-Friday  
9am-5pm

**Phone: 9430 1313**  
Fax: 9439 5217

### Panton Hill

18 Bishops Road, Panton Hill 3759  
Melway 263 K9  
Office hours Monday, Tuesday,  
Friday 9am-5pm

**Phone: 9719 7506**  
Fax: 9719 7760

### Diamond Creek

119 Cowin Street, Diamond Creek 3089  
Melway 11 K5  
Office hours Monday-Thursday  
9am-3pm

**Phone: 9438 5350**  
Fax: 9438 5351

## Conditions of enrolment

### Payment of fees

- The full fee or deposit must be made on enrolment.
- Enrolments with payment are processed in order of receipt, and close when courses are full.
- Fees may be paid in instalments.
- Living & Learning Nillumbik supports participation by all members of the community. If you experience financial difficulty please discuss with the relevant Program Coordinator.
- Courses with low enrolments may be deferred or cancelled. A full refund will apply to cancelled courses.
- Concessions may be available to holders of Health Care Cards/ Pensioner Concession Cards/ Veterans Gold Card.
- Carers of people who hold a Companion Card may attend classes without charge.

### Refund of fees

- For all classes cancelled by Living & Learning Nillumbik, a full refund is given.
- For government-funded places, refunds for student withdrawals are determined by government policy (copy available on request from reception).
- For withdrawals from other courses, a non-refundable deposit of \$20 is always retained. For withdrawals made later than one week before commencement, refunds are not normally made.
- If you cancel your enrolment, materials fees can only be refunded if the tutor has not already incurred a cost. Where course materials have already been purchased these will be supplied to you where this is possible.

### Receipts

- A receipt/confirmation will be given or posted to you within one week from receipt of your enrolment. Should you not receive this, please contact the office.

### Public holidays

- Classes are not normally scheduled on public holidays or during state school holidays.

### Materials

- For cooking classes all materials are included in the fee. For other classes, materials are not included except where specified. A list of requirements is supplied on enrolment.

Disclaimer: Living & Learning Nillumbik reserves the right to change information contained in this publication. All information was true and correct at the time of print.

Living & Learning Nillumbik acknowledge the support of Nillumbik Shire Council in providing these services. Some course fees are subsidised by funding from the Division of Adult Community Further Education, via Northern Metropolitan ACFE. The Department for Victorian Communities provides Neighbourhood House Coordination Program funding. The Department of Human Services provides some funding for child care.

### Child care

Our registered Playhouses provide a safe stimulating caring environment for children of participants in Living & Learning Nillumbik courses and activities. We also offer occasional care to families in the community. All sessions operate subject to sufficient bookings.

#### Bookings are essential.

#### Eltham Playhouse - 9439 9770

Mon, Wed 9am-2pm;  
Tues, Thurs, Fri 9am-1pm

#### Diamond Creek Playhouse - 9438 5350

Tues, Wed, Thurs 9.15am-12.15pm

#### Panton Hill Playhouse - 9719 7375

Mon, Tues 9am-1pm; Wed, Fri 9am-2pm