

Local Food
Connect

Harvest
month



Harvest
Month

MARCH 2017



Local Food Connect is delighted to bring you this guide to Harvest Month in North-East Melbourne.

March is a great time to celebrate our local food culture with an abundance of produce being harvested and generally great weather to explore our region for all it has to offer. The activities during the month are extremely diverse. They range from talks on food growing and processing, to open veggie gardens that will inspire you through to opportunities to connect with your local farmers. (And even the chance to do some grape stomping!) There is truly something for everyone who values the opportunity to eat local, fresh and healthy food.

Local Food Connect *Bon Appetite*

Home Harvest FEASTival

at Edendale
26 February, 3pm-8pm

Harvest Month kicks off with the Home Harvest FEASTival. Register as a grower and supply produce to be turned in to a shared harvest meal. Your donation of home grown produce = your ticket to attend. The FEASTival includes foodie skill sharing, activities and live music.

Find out more and register (limited spaces available) at www.nillumbik.vic.gov.au/homeharvest



ACCREDITED FARMERS' MARKETS

Enjoy seasonal foods and support our farmers by shopping at your local farmers' markets. These markets are accredited by the Victorian Farmers' Markets Association - so you can rely on their authenticity.



Sunday 5 March, 8.30am-1pm
Hurstbridge Farmers' Market
Ferguson's Paddock, Hurstbridge
www.hurstbridgefarmersmarket.com.au



Sunday 12 and 26 March, 9am-1pm
Eltham Farmers' Market
Eltham Town Mall (car park), Arthur Street
www.elthamfm.org.au

WWW.VFMA.ORG.AU

JOIN THE
LOCAL FOOD
REVOLUTION



Farm Gate sales

The following farmers' market stallholders offer farm gate sales during March as follows:



APTED ORCHARDS

Delicious locally grown apples and pears.
864 Cottlesbridge-Strathewen Road, Arthurs Creek and
1105 Whittlesea-Kinglake Road, Kinglake West

JUST PICKED

A wide variety of seasonal fruit and veg.
Plus w/e & p/h only frozen berries, ice cream and preserves.
10am-6pm (Closed Thursday)
Cnr of Plenty Road and Arthur's Creek Road, Yan Yean
9716 2292

SHAWS ROAD WINERY

Open cellar plus grape stomping!
Sunday 19 March, 11am-5pm
225 Shaws Road, Arthurs Creek, 0437 393 736

TOP HUNDRED ACRES

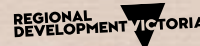
Great eggs from the chook Hilton
(See the CluckAR Ap!)
Friday and Saturday, 9am-5pm
1243 Yan Yean Road, Doreen
0418 106 127



Meet Your Farmer

Want to know more about your local farmers? Make sure you checkout the LFC videos on our website. Select the Farmers' Market tab and then 'Stallholder Videos'. You will find a series of short films produced by LFC with the support of a grant from Regional Development Victoria. Learn about:

- Apted Orchards
- Arthur's Creek Garlic
- Hildebrand Grove olive oil
- Just Picked Berries & Fruit
- Kings of Kangaroo Ground
- Shaw's Road Winery
- The Mushroom Shed



Talks

Improve your veggie garden with the help of those who know. All events are FREE unless indicated. For a full list check out the LFC website.

www.localfoodconnect.org.au

REGISTER
FOR OUR FREE
E-NEWSLETTER
FOR UPDATES



Saturday 4 March, 2pm-4.30pm SOIL IMPROVEMENT WORKSHOP

Dianne Gordon; Edendale

www.edendale.vic.gov.au



Sunday 5 March, 1pm-3.30pm BEEKEEPING A TASTER

Bob Owen; Edendale

www.edendale.vic.gov.au



Tuesday 7 March, 10.30am-11.30am COOKING CLUB - DESSERT

Whittlesea Library

www.localfoodconnect.org.au



SUCCESS WITH A DEHYDRATOR

Pam Jenkins/Bev Robertson

Tuesday 14 March, 7pm-8pm

Diamond Valley Library

Thursday 16 March, 10.30am-11.30am

Eltham Library

Thursday 23 March, 11am-12pm

Watsonia Library

www.localfoodconnect.org.au



INTRODUCTION TO PERMACULTURE - TWO DAY COURSE

Friday 17 and 24 March, 10am-4pm

\$115; Edendale

www.edendale.vic.gov.au



Saturday 18 March, 10am-12pm

BACKYARD CHOOKS FOR BEGINNERS

\$35; Stephen Lawrence; Edendale

www.edendale.vic.gov.au



Saturday 18 March, 1pm-2pm

SET UP AND MAINTAIN A WORM FARM

Dianne Gordon; Edendale

www.edendale.vic.gov.au



Tuesday 21 March, 7pm-8pm

GROWING GARLIC

Helen Simson; Eltham Library

www.localfoodconnect.org.au



Thursday 23 March, 6.30pm-8.30pm

JUST EAT IT (FILM SCREENING)

Edendale

www.edendale.vic.gov.au



Sunday 26 March, 9.45am & 11am

EASY AND DELICIOUS ZUCCHINI PICKLE

Maria Ciavarella; Eltham Farmers' Market

www.elthamfm.org.au



Sunday 26 March, 2pm-3pm

CREATING A WICKING BED

Pam Jenkins

Degani Cafe Function Room, 29-35 Chute St

www.localfoodconnect.org.au



Sunday 26 March, 3pm

PREPARE YOUR GARDEN FOR WINTER

Angelo Eliades

Thrive Community Garden, Diamond Creek

www.localfoodconnect.org.au



Wednesday 29 March, 7pm-8pm

THE SUGARLOAF STORY

Isabella; Eltham Library

www.localfoodconnect.org.au



Wednesday 29 March, 6.30pm-8.30pm

LOVE FOOD HATE WASTE - TASTING

Duang; Edendale

www.edendale.vic.gov.au

Food Swaps

Check out the LFC website for full details.

Sat 4 March, 10.30am-11.30am
MERNDA

Sat 11 March, 10am-11am
GREENSBOROUGH

Sat 4 March, 10am-11.30am
DIAMOND CREEK

Sat 18 March, 11am-12pm
MACLEOD

Sun 5 March, 10.30am-11.30am
MONTMORENCY

Sun 26 March, 10am-11am
ELTHAM



Veggie Garden Tours

Learn from some of the area's best home veggie gardeners or check out your local community garden. More information, photos and booking details are available on the LFC website.

 www.localfoodconnect.org.au



Saturday 4 March, 10.30am-11.30am
OPEN GARDEN & FOOD SWAP

Mernda Community Garden*
Carome Homestead, Mernda



Sunday 5 March, 10am, 11.30am and 1pm
ROBIN & PAUL'S GARDEN*

A highly productive backyard fruit and vegetable patch. It features numerous raised beds, wicking beds and a mud brick works area.
Macleod



Sunday 5 March, 11am and 12pm
STUART'S GARDEN*

Fruit & vegetables on a large urban block developed over 35 years. Eltham



Sunday 5 March, 11am and 1pm
GUY & SUSAN'S GARDEN*

Fascinating mix of veg & fruit including a very productive tennis court! – all developed over the past 5 years. Eltham



Saturday 18 March, 2pm and 3pm
TOUR & DEMONSTRATION

Macleod Organic Community Garden*
Macleod



Sunday 19 March, 11am, 12.30pm and 2pm
DUANG'S (REAL FOOD) GARDEN*

40 fruit trees plus raised beds and apple crates containing an extensive variety of seasonal vegetables. Features great composting and irrigation. Research



Sunday 19 March, 11am, 12.30pm and 2pm
MONTSLAVAT*

Enjoy a guided tour of this extensive and productive garden including the orchard, lower garden and nursery areas. (Montsalvat admission \$10 ph/\$8 concession)
Eltham



Monday 20 and 27 March, 11am
BEALES ROAD FARM, COMMUNITY GARDEN. **

A privately operated community food system conducted under a land share arrangement. The award winning project grows a range of seasonal fruits, vegetables and herbs that are sold via a basket scheme at a local office and via farm gate sales. St Helena



Sunday 26 March, 1pm-2pm
THE CHUTE STREET PLANTER BOXES

A Local Food Connect member will be present to answer your questions.
Chute Street Shopping Centre, Diamond Creek



Sunday 26 March, 10am-3pm
THRIVE COMMUNITY GARDEN*

Open Garden (+ speaker at 3pm)
31 Watkins Street, Diamond Creek

* RSVP or Book at localfoodconnect.org.au

** book by email to rachelmbishop@hotmail.com



For kids!

Harvest Month Storytimes

Each session includes some yummy slinky apples from Apted Orchards!

Wednesday 15 March
10.30am-11.30am[#]
Diamond Valley Library

Friday 17 March
10.30am-11.30am[#]
Eltham Library

Thursday 16 March
10.30am-11.30am[#]
Eltham Library

Friday 17 March
10.30am-11am^{##}
Diamond Valley Library

[#] In conjunction with pre-school story time

^{##} Part of Toddler time

Thank you

We very much appreciate the contributions of the many people who have supported these events through offering their time to share their wisdom or to open their gardens. Thank you.

Thanks also to our Harvest Month partners:

Edendale Community Environment Farm, HealthAbility, Nillumbik Shire Council and Yarra Plenty Regional Libraries.



MORE INFORMATION

- 📍 www.localfoodconnect.org.au
- 📍 www.edendale.vic.gov.au
- 📍 www.elthamfm.org.au
- 📍 www.hurstbridgefarmersmarket.com.au
- 📍 www.nillumbik.vic.gov.au/homeharvest

ENQUIRIES

📧 info@localfoodconnect.org.au

Email is the best and fastest way to get your questions answered.

Local Food Connect

Local Food Connect (LFC) is a not-for-profit, community group run by volunteers. Our aim is to increase appreciation of the importance of our local food system and to strengthen the community's ability to produce food locally whether at home or commercially.

Active across North East Melbourne, we encourage, support and promote events, actions and enterprises which help to put your food back into your control.

Our weekly E-newsletter is a popular source of information on all matters food and includes an extensive list of local food events and activities. Sign up now at localfoodconnect.org.au – it's free and you can unsubscribe at any time.

If you are interested in local food, either growing it or eating it, then please join us. Become an LFC member today! You can sign up online or call into our information marquee at the Eltham Farmers' Market and say hi!