

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Contact no: \_\_\_\_\_

Signed: \_\_\_\_\_

Yarra Plenty Regional Libraries takes no responsibility for artworks damaged in transit or display.

Stars can be collected on Tuesday 15th Dec



**Sexist jokes contribute to the attitudes of perpetrators of gendered violence, yet 1 in 5 Australians have said they would not be bothered if a friend told a sexist joke.**

A project by Yarra Plenty Regional Libraries  
with thanks to, and funding provided by  
Nillumbik Shire Council



For confidential crisis support, information and accommodation:  
**Safe Steps 24/7**  
1800 015 188

For confidential phone help and referral:  
**National Sexual Assault, Family and Domestic Violence Counselling**  
1800 737 732.

For specialist support for Aboriginal people experiencing violence:  
**Djirra 1800 105 303**  
[www.djirra.org.au](http://www.djirra.org.au)

For specialist support for women of migrant/refugee backgrounds:  
**In Touch 1800 755 988**  
[www.intouch.org.au](http://www.intouch.org.au)

For specialist support for LGBTIQ+ family violence:  
**With Respect 1800 542847**  
[www.withrespect.org.au](http://www.withrespect.org.au)

**The COVID-19 epidemic has seen a drastic rise in domestic violence, both in cases of first time abusers and the severity and frequency of known abusers.**

**Sources:**

The National Community Attitudes towards Violence against Women Survey:  
<https://www.anrows.org.au/NCAS/2017/home>

Responding to the 'shadow pandemic' during the COVID-19 restrictions. Monash University:  
<https://doi.org/10.26180/5ed9d5198497c>

Gender in Twentieth-Century Children's Books: Patterns of Disparity in Titles and Central Characters:  
<https://journals.sagepub.com/doi/10.1177/0891243211398358>

Respect Victoria:  
<https://www.respectvictoria.vic.gov.au/>

# A LIGHT REFLECTION



A community project to reflect on the personal power held by everyone to stop gendered violence and discrimination



## Let's Light Up the Library!

Gendered violence is a dark topic, so we're lighting up the library for a future of equality!

Collect your wooden candle holder, decorate it and return it to the library before the deadline and we will display them with battery tealights for the 16 Days Against Gender-based Violence.

You might like to consider some themes for your decoration like this year's theme of "Respect is..."

Please return your completed candle holder and your entry "Respect is..." card to **Diamond Valley** or **Eltham Library** by

**NOVEMBER 24th 2020**



**1 in 4 Australian women have experienced violence by an intimate partner, yet 23% of people believe that women exaggerate the issue of male violence.**



### So what can we do?

**Call it out:** Call out people who are enabling or perpetrating sexist or aggressive behaviours.

**Reach out:** Often abusers try and distance their victims from friends, families and support networks. Don't be afraid to seek guidance on how to proceed from support groups. If you are concerned your friend or family member is an abuser, there are services to assist them too. Everyone deserves healthy relationships.

**Stand up:** Be outspoken about equality. The louder the voice for equality is, the more likely the societal narrative will change and the more confident others will feel taking a stand.

## TO ME, RESPECT IS...



**Males are central characters in 57% of children's books published per year, while only 31% have females as central characters.**

