

MINUTES

Positive Ageing Advisory Committee (PAAC)

Friday 13 March 2020

Candlebark 1 & 2, Civic Centre Greensborough

Present: Philip Green, Norm Wearne, Gail Clayton, Gertraud McDonald, Sabi Buehler, Cr Grant Brooker, Richard Kottek, Paul Fyffe (NSC), Fiona Vuong (NSC), Rebecca Burton (NSC), Karen Coulston, Pamela Johnson, Ingrid Motschall

Apologies: Ray Carrol, Anne Fitzpatrick, David Nicholls

No.	Time	Agenda item
1	12:00pm	Welcome and Acknowledgement of Country
2	12:05pm	<p>Previous minutes:</p> <p>Correction to Minutes of PAAC meeting on 14th Feb 2020 Page 3 Item 7</p> <p>In Minutes: Roundtable Gertraud – Concerned that Mt pleasant Rd in disrepair – cleanup of the road side required. Clean up prior to the event- is concerned about fuel. Creation of benches around Eltham is good. The lifts and toilets at the Woolworths at Eltham town square are unhygienic.</p> <p>To be replaced by Gertraud – Concerned that there is lots of fuel on road side at Mt Pleasant Rd – cleanup of road side required prior to fire season. Creation of benches around Eltham is good. The lifts (dirty and stinky) at the Woolworths shops and the toilets (no water, no paper) at Eltham Town Square are unhygienic.</p> <p>Confirmation of February minutes with above amendments – by Gertraud McDonald, Seconded by Sabi Buehler.</p> <p>Outstanding actions – Action Summary:</p> <ul style="list-style-type: none"> • See below table for updates
3	12:10pm	<p>Housing, Structure Plans and Older People Paul Fyffe (<i>Senior Strategic Planner, Land Use Planning</i>)</p> <p>Housing Strategy Discussion Paper</p> <p>Council is updating its 2001 Housing Strategy, and is seeking community feedback to inform the draft of the new housing strategy via https://participate.nillumbik.vic.gov.au/housing-discussion (closes 30 March)</p> <p>The discussion paper looks at current housing challenges, context and demographic changes. Issues facing the community include housing affordability, ageing population, desire to preserve the character of the townships, and pressure to accommodate a growing population. Community members are encouraged to provide feedback on any or all of the questions within the Discussion Paper.</p>

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		<p>When the draft housing strategy has been prepared, this will be released for public comment before the final housing is prepared and then endorsed.</p> <ul style="list-style-type: none"> ➤ ACTION: PAAC members to consider providing feedback on the draft Housing Strategy via https://participate.nillumbik.vic.gov.au/housing-discussion representing experiences and concerns as relating to older people in Nillumbik. PAAC members to encourage family and friends to provide feedback. If you need assistance with this, please contact Fiona. <p>Questions:</p> <ul style="list-style-type: none"> • Does the housing strategy consider accessibility needs, and does it consider alternate forms of housing such as Supported Residential Services (SRS)? <ul style="list-style-type: none"> ○ Yes and the housing strategy works with the disability action plan (currently in draft form), and planners have been consulting with Angela Clare (Council's Disability Inclusion Officer) • Does the housing strategy include aged residential facilities? <ul style="list-style-type: none"> ○ Yes, residential aged care facilities are included in the strategy to be located close to shops and the wider community • Who would finance these developments? <ul style="list-style-type: none"> ○ Developers approach Council with proposal, which Council would consider in line with existing Housing Strategy • Concerns were raised that the deadline for public consultation on the discussion paper was too soon (30 March), and that the promotion of the opportunity to provide feedback was not as wide as possible. This was promoted through the Diamond Valley Leader, through Council's main website <ul style="list-style-type: none"> ○ This was promoted through the Diamond Valley Leader, through Council's main website with a link to Participate Nillumbik, on social media and through a media release ○ PAAC members to encourage groups and networks to use provided link to give feedback. • Is there much public housing included in the strategy? <ul style="list-style-type: none"> ○ Only a Small amount <p>ACTION: PAAC members to provide feedback on the draft Housing Strategy via:</p> <ul style="list-style-type: none"> • https://participate.nillumbik.vic.gov.au/housing-discussion • Calling 9344 3111 • Email: strategic.planning@nillumbik.vic.gov.au • PAAC members strongly encouraged to invite family and friends to provide feedback.

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		<p><u>Structure Plans – Eltham and Diamond Creek</u></p> <p>Council is also re-doing the structure plans for the Eltham and Diamond Creek Activity Centres. The new draft structure plans are now open for public consultation (closing 29 April).</p> <p>The structure plans set the vision and objectives for an activity centre or township in order to meet the needs of residents, providing jobs, socialization opportunities, housing and places to meet, whilst maintaining the local character.</p> <p>Diamond Creek: https://participate.nillumbik.vic.gov.au/diamond-creek</p> <ul style="list-style-type: none"> • Drop in information session: 21 March 10am-12pm Outside Coles (67 Main Hurstbridge Rd, Diamond Creek) • Drop in information session: 28 March 10am-12pm Outside Coles (67 Main Hurstbridge Rd, Diamond Creek) Diamond Creek Community Centre (28 Main Hurstbridge Rd, Diamond Creek) <p>Eltham: https://participate.nillumbik.vic.gov.au/eltham</p> <ul style="list-style-type: none"> • Drop in information session: 14 March 9am – 11am (Eltham Town Square) • Drop in information session: 29 March 10am – 12pm (Eltham Farmers Market) <p>ACTION: PAAC to share with networks the opportunity to provide feedback on the Diamond Creek and Eltham Activity Centre Structure plans.</p>
5	12:45pm	<p>Community Health updates – COVID 19 Rebecca Burton (<i>Coordinator Community Support Services</i>)</p> <ul style="list-style-type: none"> • Where to get up to date accurate information https://www.dhhs.vic.gov.au/coronavirus • https://www.dhhs.vic.gov.au/victorian-public-coronavirus-disease-covid-19 • Travel advice https://www.smartraveller.gov.au/news-and-updates/coronavirus-covid-19 <p>To reduce risk of infection (from https://www.dhhs.vic.gov.au/victorian-public-coronavirus-disease-covid-19):</p> <ul style="list-style-type: none"> • Wash hands often with soap and running water, for at least 20 seconds. Dry with paper towel or hand dryer. • Try not to touch your eyes, nose or mouth. • Cover your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow. • Stay at home if you feel sick. If you take medication make sure you have enough. • Phone your doctor or the hotline – 1800 675 398 – if you need medical attention. They will tell you what to do. • Continue healthy habits: exercise, drink water, get plenty of sleep. • Wearing a face mask is not necessary if you are well. • Buy an alcohol-based hand sanitiser with over 60 per cent alcohol.

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		<p>PAAC members are encouraged to speak with their local community and groups about checking in on their neighbours and elderly friends and relatives to see if they need additional support during this time.</p> <p>At this point in time it is Business as usual for Council services, however the situation is with COVID-19 is changing quickly and we will keep everyone informed about any changes when we receive information and advice. Regardless, we encourage everyone to use the standard precautions and stay home if you feel unwell.</p>
6	1:00pm	Break
7	1:05pm	<p>Upcoming community events/ updates from Council Please see attached handout from Fiona</p>
8	1:05pm	<p>Healthy & Active Ageing Expo:</p> <ul style="list-style-type: none"> • Debrief • Evaluation – feedback summary report from Exhibitors, Participants and Presenters • Future events • Possible partnerships and projects • Community Directory launch <p>Please see attached presentation which compiles feedback received from attendees, exhibitors, presenters and expo working group. A formal evaluation report will be written and shared.</p> <p>Other feedback from PAAC members:</p> <ul style="list-style-type: none"> • U3A stall was well attended, 20 new possible members and 4 tutors • MENZ DEN stall distributed information about dementia, there was a lot of interest from attendees about dementia • Repair café signage was inadequate- hard to find. Needed a more visible sign to direct people • First aid location changed last minute, which was not updated via signage • Student volunteers were excellent on the smoothie bikes. Suggestion of having individual letters of appreciation to the student volunteers signed by the Mayor. <ul style="list-style-type: none"> ○ ACTION: Fiona to prepare letter for student volunteers • Serendipity choir enjoyed performing however were disappointed with small number of attendees • General consensus was that the day was too long – majority of attendees had left by around 2-3pm, traffic control was inadequate meaning that people didn't know where to park. Food options could have been more varied. • Positive feedback that the expo was not overly commercialised, that it was a personable and welcoming community event. • Many events occurring on same day (Home Harvest Picnic, Montsalvat event) – consider timing for future expos to encourage higher attendance

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		<ul style="list-style-type: none"> • Alternate venues for future events: Diamond Creek Stadium, Eltham Community Reception Centre. <p><i>Priority 2: Information & Advocacy</i> <i>Priority 3: Community Connection, Resilience & Engagement</i></p>
8	1:40pm	<p>Roundtable</p> <ul style="list-style-type: none"> • Pamela: Sustainability Officer, EM, Community Transport yet to present with PAAC. <ul style="list-style-type: none"> ○ ACTION: Fiona to schedule relevant Council officers to present to PAAC. • Philip: great expo, reminder that Dementia still on the action task list to do • Norm: Emergency services include SES, would like to learn more about what the SES are doing <ul style="list-style-type: none"> ○ ACTION: Fiona to invite SES to Nillumbik EM PAAC Meeting • Sabi: Wanted to confirm the date for the Seniors Social Lunch as 3 April, which is clashing with the April PAAC meeting. Response from NSC- As Cr Brooker, Fiona and Rebecca are going to be supporting the social lunch, proposal that the April PAAC meeting be cancelled. All PAAC members are invited free of charge to the social lunch – please let Fiona know if you would like to attend. Invitation is attached to the minutes • Gertraud: Shared information about the Gawa Wurundjeri trail in Christmas Hills. Recently took a group of international tourists here, and they all enjoyed the trail which is self-guided. The Trail was established by the local Wurundjeri Aboriginal Reconciliation Group, and they finished up at the Dark Horse Café. Encouraged PAAC members to promote the Anzac day service at Kangaroo Ground, starting at 10am 25 April as this service is not as well attended as the St Andrews or Eltham service. • Richard: likely to take a short leave of absence due to impending heart surgery, however still committed to the PAAC and supporting older residents in Nillumbik with issues of interest. Asked how much of the budget that will be reallocated once Council transitions out of providing services will go towards projects to support social connection for isolated seniors. Response from Rebecca (NSC): two positions will be created with these redirected funds- 1 FT Navigation Information Advocacy Officer, and 1 FT Social Inclusion Officer. More information on these positions to come. • Gail: Thanked Council for opportunity to exhibit at the expo on behalf of U3A. NU3A was awarded grant through Greensbrough RSL to run a training for 10 people on 24 March on how to use the defibrillator. Qualified to the next stage of the EOI process for the DSS Volunteer Grants. • Ingrid: Has a copy of the book about decluttering from the Mary Ann Bennie (presented at the Expo). PAAC members welcome to borrow this- Fiona has the copy, if you would like to borrow please let Fiona know. Shared article from the Seniors Paper about cooking classes for isolated older men following death of partner (See attached article). Sought clarification on behalf of a community

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		group that appears to be paying full rate to use a Council facility. Response: the group should be able to access the discounted community rate.
9	2:00pm	<p>Next meeting dates:</p> <p>April 3 meeting cancelled due to clash with Seniors Social Lunch in Eltham.</p> <p>May 1 meeting – Fiona proposed that we have an extended PAAC meeting to workshop priority areas and actions in the Ageing Well in Nillumbik Action Plan- This workshop will likely be at an external venue. Acknowledged that the longer time frame proposed for this workshop may not suit all members.</p> <p>Fiona to develop a tentative agenda for PAAC members to consider what areas they are interested in. PAAC to consider this and provide feedback to Fiona about this proposed workshop.</p>
10	2:05pm	<p>Meeting close</p>
		Chair

Agenda item	Responsibility	Start date	Action required	Progress to date
a) Guest speakers	Fiona Vuong	3 May 19	Fiona to make contact with North East Chinese Community Group and invite along as guest speakers to a future meeting	On hold Will explore for future meeting
b) Discover on the Green Seniors Festival event	ALL	7 June 19	Fiona to organise letter on behalf of the Mayor to Greensborough Plaza thanking them for their involvement and support.	In progress 13/3/2020 Fiona to follow up with the Mayor
c) Dementia Café	Fiona Vuong / Philip Green	6 September 19	Fiona to add Dementia Café on agenda for next meeting – Philip to present and perhaps for group to discuss. Dementia awareness months in September – opportunity to plan for 2020	Follow up 2020
d) Ageless play	Rebecca Burton	6 September 19	Rebecca to follow up with Early Years to see if there is a possibility of partnering to run this in Nillumbik	In progress 13/3/2020: no further update
e) Intergenerational projects 2020	Fiona Vuong / Gertraud	6 September 19	<ul style="list-style-type: none"> Fiona to organise meeting with Arts & Culture to discuss ideas for intergenerational arts project. Gertraud to follow up with Bunnings about concrete wall for community arts project 	Follow up 2020 13/3/2020: Fiona to follow up
f) Transport service review	Fiona Vuong	6 Dec 2019	Fiona to invite Stephen (Community Transport Coordinator) and Bek to present to PAAC once Transport Service Review report is made available	Follow up 2020 13/3/2020: Fiona to follow up
g) Housing strategy	Fiona Vuong	6 Dec 2019	Fiona to invite Yasmin Green (Strategy and Policy Advisor) to PAAC to present on council's housing strategy	In Progress Paul Fyffe (Senior Strategic Planner) attended 13 March 2020 meeting. Will consult with PAAC at future meeting when draft Housing Strategy is written following public consultation.
h) Employment for older people	Fiona Vuong	6 Dec 2019	Fiona to invite EcoDev team to the PAAC to present on how to get mature aged people into employment.	Follow up 2020

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i) Emergency Management	Fiona Vuong	10 Jan 2020	<p>EM to come to PAAC as they were unable to attend Jan meeting.</p> <ul style="list-style-type: none"> • How Council can help people who do not have transport out of the area during a fire danger day • Clearing of land and implications of this close to fire danger period. Seeking clarification on this. • Traffic management during the fire danger season. • Concerns about evacuation of vulnerable people in isolated areas. Clarified that council does not send volunteer drivers into these areas. Reiterated the importance for vulnerable residents to have leave early in their safety plans. • NSC does not have any residents on the Red Cross Vulnerable Persons register – eligibility criteria very strict, not fit for purpose. Higher prevalence of people with disability and other vulnerabilities following Royal Commission 	<p>In progress For a meeting post March</p>
j) Emergency Mgmt- SES	Fiona Vuong	13 March 2020	Invite SES to meeting discussing EM and older people	
k) Eltham & Diamond Creek Structure plans	Fiona Vuong	7 June 19	Fiona to follow up with Paul and invite to a future meeting for an update.	<p>Complete Paul Fyffe (Senior Strategic Planner) attended 13 March 2020 meeting to advise of structure plans up for public consultation until 29 April.</p>